



Casa Milo

# 6990 - Traditional Palesi Vegan

Traditional Palesi have a lot of similarities with a focaccia and has its tradition in the village of Palo del Colle, in Apulia, in southern Italy. Made with wheat and olive oil; they are a great way to scoop your favorite dip. Serve with cheese, meat or a spread.



## Nutrition Facts

Servings per Container **4**  
Serving size **5crackers (5EA)**

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 10mg	<b>1%</b>
Iron 0.4mg	<b>2%</b>
Potassium 70mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

PALO DEL COLLE, THE ANCIENT "VILLAGE OF TARALLO". CASA MILO PRESENTS "I PALESI". A CRISPY AND GENUINE ARTISAN SNACK DEDICATED TO THE VILLAGE WHICH THEY WERE BORN. TODAY UTILIZING THE ARTISAN RECIPES AND THE BEST QUALITY INGREDIENTS FROM SOUTHERN ITALY CASA MILO OFFERS YOU A SELECTION OF SAVORY FOCACCE CRACKERS. THIS ITALIAN FAVORITE ALL NATURAL CRACKER CAN BE ENJOYED WITH CHEESE, SPREADS, DIPS AND SALADS OR AS A SNACK. A GREAT ADDITION TO CHARCUTERIE BOARDS. DIVERTITI!

### Ingredients

INGREDIENTS: WHEAT FLOUR, HIGH OLEIC SUNFLOWER OIL, OLIVE OIL, SALT, BREWER'S YEAST, MALTED WHEAT FLOUR. CONTAINS: WHEAT. MAY CONTAIN SOY. MANUFACTURED ON SHARED EQUIPMENT THAT ALSO PROCESSES MILK.

### ⚠ Allergens

#### Contains:



wheat

#### Free From:



crustaceans



eggs



fish



milk



peanuts



soy



tree nuts

### Handling Suggestions

STORE IN A COOL AND DRY PLACE, AWAY FROM LIGHT AND HEAT SOURCES. AFTER OPENING KEEP CLOSED THE PACK TO PRESERVE FRAGRANCE AND CRISPNESS.

### Serving Suggestions

TO TRY AS A SNACK FOR A TASTY BREAK OR DELICIOUS APERTIFS

### Prep & Cooking Suggestions

N.A.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Casa Milo	Gr.A.M.M.Srl	Grocery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
703170721149	604PCM0812	6990	10703170721153		8/4.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.08lb	2.98lb	Italy	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.4in	9.5in	7.5in	0.47ft3	13x11	240days	60°F / 77°F



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## Nutrition Analysis - By Measure

Calories	150	Total Fat	6g	Sodium	200mg
Protein	3	Trans Fats		Calcium	10mg
Total Carbohydrates...	21g	Saturated Fat	1g	Iron	0.4mg
Sugars	1g	Added Sugars	0g	Potassium	70mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

