

### Town and Country 700489 - Spicy Peanut Stew

Spicy Peanut Stew. Keep refrigerated, heat and serve, ready to eat. Manufactured exclusively for Town and Country Markets. It cannot be sold to other customers.



	Nutrition FactsServings per Container16Serving size228grams (8oz)		
		Amount per serving Calories	230
		% Da	aily Value*
		Total Fat 13g	17%
		Saturated Fat 2g	10%
	Trans Fat 0g		
		Cholesterol Omg	0%
<b>★</b> Benefits		Sodium 740mg	32%
		Total Carbohydrate 23g	8%
Spicy Peanut Stew		Dietary Fiber 4g	14%
		Total Sugars 8g	
		Includes 2g Added Sugar	4%
Ingredients	Allergens	Protein 7g	
		Vitamin D 0mcg	0%
Natural Vegetable Stock (water, natural vegetable base [vegetables and vegetable juice concentrate {carrots, celery, onion, tomato} yeast extract, salt, organic cane sugar, maltodextrin, natural flavors, canola oil, malted barley extract {gluten}, onion powder, dried potato, garlic powder]), Yams, Natural Peanut Butter (peanuts), Chopped Tomatoes in Light Puree (tomatoes, sea salt, citric acid), Onion, Garbanzo Beans, Ginger, Jalapenos, Pure Toasted Sesame Oil, Brown Sugar, Cultured Dextrose, Rice Starch, Sea Salt, Cumin, Coriander, Red Chili Pepper, Lemon Juice, Caraway Seeds, Citric Acid.	Contains:	Calcium 45mg	4%
		Iron 2mg	10%
	Free From:	Potassium 178mg	4%
	() crustaceans () eggs () fish () milk () soy () tree nuts	* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet. a day is used for general nutrition advice.	

## Product Specifications

Brand			Manufacturer					
Town and Country			Heritage Specialty Foods LLC					
UPC	MFG :	# SF	PC #	G	TIN		Pack	Pack Desc.
	70048	9 70	0489	00852929008052		2		2/8 LB
Gross Weight Net Weight C		ght Co	ountry of Origin Kosher		Child Nutrition			
171	b	16lb		United St	ates		No	
Shipping Information								
Length	Width	Height	Volume	e TixHi	Shelf L	ife	Storag	e Temp From/To
11.88in	9.88in	5.75in	0.39ft3	15x8	117da	ys		-5°F / -2°F

# Prep & Cooking Suggestions

Ready to eat heat and serve

Handling Suggestions

Serving Suggestions

Ready to eat, heat and serve.

Keep Refrigerated



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Nutrition Analysis - By Measure

Calories	230	Total Fat	13g	Sodium	740mg
Protein	7	Trans Fats	Og	Calcium	45mg
Total Carbohydrates…	23g	Saturated Fat	2g	Iron	2mg
Sugars	8g	Added Sugars	2g	Potassium	178mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

#### Additional Images



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