



Vermont Creamery

# 71020 - Honey Goat Log

Our classic, mild fresh goat cheese is blended with sweet clover blossom honey from North Dakota.



## Nutrition Facts

Servings per Container 4  
Serving size 1.00Z (1oz)

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 6g	<b>0%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 4g	
Includes 3g Added Sugar	<b>6%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 18mg	<b>1%</b>
Iron 0mg	<b>0%</b>
Potassium 35mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

The sweetness of clover blossom honey is perfectly paired with the tart creaminess of fresh goat cheese.

### Ingredients

Goat Cheese [pasteurized cultured goats' milk (culture contains milk), salt, enzymes], Honey. CONTAINS: Milk

### Allergens

**Contains:**



**Free From:**



### Handling Suggestions

See label for suggestions

### Serving Suggestions

Crumble it on salads, sprinkle on flatbreads, or spread on sandwiches. Spread it on crackers or rustic bread. Serve on a cheeseboard alongside other fresh and aged cheeses.

### Prep & Cooking Suggestions

See label for suggestions

### Product Specifications

Brand	Manufacturer	Product Category
Vermont Creamery	Land O Lakes Inc	Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
011826100201	10020-12	71020	10011826100208		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4lb	3lb	United States		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.5in	8.5in	2in	0.11ft3	15x16	68days	35°F / 37°F



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## Nutrition Analysis - By Measure

Calories	80	Total Fat	6g	Sodium	75mg
Protein	4	Trans Fats		Calcium	18mg
Total Carbohydrates...	4g	Saturated Fat	3.5g	Iron	0mg
Sugars	4g	Added Sugars	3g	Potassium	35mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

