



Raincoast Crisp

710451 - Apricot Lemon Fig Crisp

APRICOT LEMON FIG CRISPS-WHOLE FOODS EXCLUSIVE-NON GMO, KOSHER, NO PRESERVATIVES OR ARTIFICIAL FLAVORING. RAISINS, DRIED APRICOTS, PUMPKINS SEEDS, DRIED FIGS, FLAX SEEDS, LEMON, SUGAR, BROWN SUGAR, LEMON OIL. CONTAINS-WHEAT, OG SKIM MILK, SESEAME SEEDS.



Nutrition Facts

Servings per Container 10
Serving size 3.0EA (3EA)

Amount per serving
Calories 60

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 1g Added Sugar	2%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.7mg	4%
Potassium 90mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

FANTASTIC APRICOT LEMON FIG CRISPS-WHOLE FOODS EXCLUSIVE. RAISINS, DRIED APRICOTS, PUMPKIN SEEDS, DRIED FIGS, FLAX SEEDS, LEMON, SUGAR, LEMON OIL/CONTAINS-WHEAT, OG SKIM MILK, SESAME SEEDS. NON GMO, KOSHER. GREAT FOR ENTERTAINING OR SNACKING. NO PRESERVATIVES OR ARTIFICIAL FLAVORING

Ingredients

unbleached enriched flour (unbleached wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Thompson raisins, dried apricots, pumpkin seeds, dried figs, flax seeds, organic skim milk, sesame seeds, brown sugar, sugar, sea salt, leavening (baking soda), rice flour, lemon peel, honey, citric acid and lemon oil. contains: milk sesame and wheat. may contain tree nuts and apricot pits.

Allergens

Contains:

- milk tree nuts wheat

Free From:

- crustaceans eggs fish peanuts soy

Handling Suggestions

PANTRY

Serving Suggestions

SNACK OR ENTERTAININGS

Prep & Cooking Suggestions

READY TO EAT/OR ADD TOPPING

Product Specifications

Brand	Manufacturer	Product Category
Raincoast Crisp	Lesley Stowe Fine Foods	Crackers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
061243710453	71045	710451	10061243710450		12/5.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.97lb	3.97lb	Canada	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8.5in	12.5in	10in	0.61ft3	15x7	158days	60°F / 77°F



Raincoast Crisp

710451 - Apricot Lemon Fig Crisp

APRICOT LEMON FIG CRISPS-WHOLE FOODS EXCLUSIVE-NON GMO, KOSHER, NO PRESERVATIVES OR ARTIFICIAL FLAVORING. RAISINS, DRIED APRICOTS, PUMPKINS SEEDS, DRIED FIGS, FLAX SEEDS, LEMON, SUGAR, BROWN SUGAR, LEMON OIL. CONTAINS-WHEAT, OG SKIM MILK, SESEAME SEEDS.



Nutrition Analysis - By Measure

Calories	60	Total Fat	1.5g	Sodium	100mg
Protein	2	Trans Fats		Calcium	20mg
Total Carbohydrates...	10g	Saturated Fat	0g	Iron	0.7mg
Sugars	3g	Added Sugars	1g	Potassium	90mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

