

Rumiano Organic

714002 - Monterey Jack Cheese Sliced



Since 1919 Rumiano Cheese has been producing high quality, nutrient dense cheeses in the Redwood Coast region of California. This cheese is organic, non-gmo certified, and American Humane certified.



* Benefits

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Ingredients	▲ Allergens
Pasteurized Organic Milk, Cheese Cultures, Sea Salt, Vegetable Enzymes.	Contains: implies milk Free From: crustaceans eggs fish peanuts sesame soy fight tree nuts wheat

Nutrition Facts

Servings per Container 21.0g (21g) Serving size

Amount per cerving

Calories	80
% Dai	ly Value*
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 133mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 209mg	15%
Iron 0mg	0%
Potassium 0mg	0%

a serving of food contributes to a daily diet. 2,000 calories

Manufacturer

a day is used for general nutrition advice.

Product Specifications

Brand

714002

714002

keep refrigerated. 34-40F Serving Suggestions n/a Prep & Cooking Suggestions

Handling Suggestions

Rumiano Organic			Rumiano (heese Co	mpany
UPC	UPC MFG # SPC #		GTIN	Pack	Pack Desc.

08113557140029

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	12lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.88in	10in	5.25in	0.39ft3	5x14	98days	35°F / 37°F



8/1.5 LB

n/a



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Nutrition Analysis - By Measure

Calories	80	Total Fat	7g	Sodium	133mg
Protein	5	Trans Fats	0g	Calcium	209mg
Total Carbohydrates···	0g	Saturated Fat	4.5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

0	• Additional Images					

