



Kabobs

7165 - Cinnamon Apple Empanada

Cinnamon Apple Empanada



Nutrition Facts

Servings per Container	33
Serving size	3.0EA (3EA)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 95mg	4%
Total Carbohydrate 34g	12%
Dietary Fiber 1g	5%
Total Sugars 5g	
Includes 5g Added Sugar	%
Protein 4g	
Vitamin D 0.1mcg	0%
Calcium 20mg	0%
Iron 1.5mg	8%
Potassium 70mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Caramelized Granny Smith apples, mixed with cinnamon and nutmeg, hand wrapped in a cream cheese and brown sugar empanada pastry.

- Breakfast, breakout session, or dessert offering
- Versatile preparation - baked or fried
- Miniature dessert trends
- Latin American inspired item
- Excellent plain, or can be accompanied with: Dulce De Leche, Vanilla Bean Ice Cream, Powder Sugar, raspberry or cherry preserve.
- Vegetarian item

Ingredients

Dough: bleached enriched wheat flour, water, cream cheese, margarine, maseca corn flour, dry whole egg, salt
 filling: apple fruit filling or topping, sugar, modified corn starch, cocoa powder, spices, salt, bleached enriched flour,

⚠ Allergens

Contains:

- eggs milk soy wheat

Free From:

- crustaceans fish peanuts sesame
 tree nuts

Handling Suggestions

Keep frozen

Serving Suggestions

dessert, hors d'oeuvre, breakfast, break out item

Prep & Cooking Suggestions

From frozen deep fry at 350 F for 3 - 5 minutes or until golden brown. Or, from frozen bake in a Pre-Heated 350 F Convection Oven for 6 - 8 minutes or until golden brown.

📄 Product Specifications

Brand	Manufacturer
Kabobs	Kabobs

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	K7165	7165	00745378716503		100/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.81lb	6.57lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	9.25in	4.75in	0.42ft3	10x11	365days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	230	Total Fat	9g	Sodium	95mg
Protein	4	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	34g	Saturated Fat	2.5g	Iron	1.5mg
Sugars	5g	Added Sugars	5g	Potassium	70mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D	0.1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

