



**Kabobs**  
**7182 - Lobster Empanadas**  
 Lobster and Sweet Corn Empanadas



**\* Benefits**

Lobster, accented with sweet shoepeg corn, heavy cream, cilantro, a splash of lime juice, and wrapped in a masa pastry.

# Nutrition Facts

**Servings per Container** 33  
**Serving size** 3.0EA (3EA)

**Amount per serving**  
**Calories** 230

	% Daily Value*
<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans Fat</i>	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 1g Added Sugar	<b>2%</b>
<b>Protein</b> 6g	
Vitamin D 0.3mcg	<b>2%</b>
Calcium 40mg	<b>3%</b>
Iron 1.5mg	<b>8%</b>
Potassium 100mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients**

Dough. Bleached enriched wheat Flour, Water, Cream Cheese, Margarine, Maseca Corn Flour, Wry Whole Egg,  
 Filling. Shoe Peg Corn, Cooked Lobster meat, Half and Half, Roasted Red Bell Pepper, Butter, Red Onions, Bleached Enriched Flour, Chardonnay Type Cooking Wine, Onions, Lime Juice, Salt, Spiced, Paprike

**⚠ Allergens**

**Contains:**

- crustaceans
- eggs
- milk
- soy
- wheat

**Free From:**

- fish
- peanuts
- tree nuts

**Handling Suggestions**

See label for suggestions

**Serving Suggestions**

See label for suggestions

**Prep & Cooking Suggestions**

See label for suggestions

**✍ Product Specifications**

Brand	Manufacturer	Product Category
Kabobs	Kabobs	Appetizers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
745378904290	K7182	7182	00745378718200		100/1.75 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.8lb	6.2lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	7.5in	4.75in	0.34ft3	10x11	364days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	230	Total Fat	10g	Sodium	210mg
Protein	6	Trans Fats		Calcium	40mg
Total Carbohydrates...	27g	Saturated Fat	3.5g	Iron	1.5mg
Sugars	2g	Added Sugars	1g	Potassium	100mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D	0.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

