



Firehook

71917 - Everything Cracker Organic

Firehook's Everything -Like the Bagel- Flavor Inspired by everyone's favorite NY bagel, we took the best part off the top and baked it with crunch. Enjoy with herbed chevre, crushed avocado or your favorite dip.



Nutrition Facts

Servings per Container 8
Serving size 1.00Z (1oz)

Amount per serving
Calories 70

% Daily Value*

Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	140mg	6%
Total Carbohydrate	13g	5%
Dietary Fiber	1g	4%
Total Sugars	1g	
Includes Added Sugar	1g	2%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Baked from scratch and addictively crunchy. We use simple, Organic ingredients to bake uneven beautiful crackers. Deeply savory Everything seasoning makes this cracker unique and comes with endless pairing possibilities!

Ingredients

Organic whole wheat flour, organic onion, salt, organic sesame seeds, organic poppy seeds, organic honey, organic yeast, organic olive oil

⚠ Allergens

Contains:



wheat

Free From:



crustaceans



eggs



fish



milk



peanuts



soy



tree nuts

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

📄 Product Specifications

Brand	Manufacturer	Product Category
Firehook	Firehook Of Virginia Inc	Crackers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
811657030018	6700.1917	71917	10811657030015		12/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	6lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18in	14.5in	8.5in	1.28ft3	6x9	160days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	70	Total Fat	0.5g	Sodium	140mg
Protein	2	Trans Fats		Calcium	0mg
Total Carbohydrates...	13g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	1g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

