



Mt Vikos

# 72011 - Roasted Eggplant Spread

Mt. Vikos all-natural Roasted Eggplant Spread has a rich and smoky flavor of flame-roasted eggplant. In addition to garlic, herbs and spices, sweet red peppers, sun-dried tomatoes, local extra virgin olive oil, red wine vinegar and garlic are used.



## Nutrition Facts

Servings per Container 7  
Serving size 2tbsps (30g)

Amount per serving  
**Calories 45**

% Daily Value\*

Total Fat	4g	5%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	210mg	9%
Total Carbohydrate	3g	1%
Dietary Fiber	0g	0%
Total Sugars	1g	
Includes Added Sugar	0g	0%
Protein	0g	
Vitamin D	0mcg	0%
Calcium	5mg	0%
Iron	0mg	0%
Potassium	54mg	1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Roasted Eggplant Spread

### Ingredients

Roasted eggplant, extra virgin olive oil, roasted red peppers, sundried tomato, red wine vinegar, garlic, parsley, sea salt, ascorbic acid

### Allergens

#### Contains:

milk tree nuts

#### Free From:

crustaceans eggs fish peanuts  
soy wheat

### Handling Suggestions

See label for suggestions

### Serving Suggestions

See label for suggestions

### Prep & Cooking Suggestions

See label for suggestions

### Product Specifications

Brand	Manufacturer	Product Category
Mt Vikos	Atalanta Corporation	Fruits & Vegetables, Frozen or Canned

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
665291007208	720	72011	10665291007205		6/7.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.23lb	2.5lb	Greece	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.2in	9.1in	1.65in	0.11ft3	15x28	219days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	45	Total Fat	4g	Sodium	210mg
Protein	0	Trans Fats		Calcium	5mg
Total Carbohydrates...	3g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	54mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

