

Cultured Traditions

744494 - Spicy Garlic Ginger Sauerkraut



Crunchy and tangy Cultured Traditions Spicy Garlic Ginger Sauerkraut is wonderfully delicious right out of the jar, or on your favorite sandwich, salad or soup. It is raw, living and full of happy bugs for a happy tummy!



* Benefits

At Cultured Traditions we use centuries old fermentation methods to make our delicious sauerkraut. Our Spicy Garlic At Cultured Traditions we use centuries of the rementation methods to make our delicious sauerkraut. Our spicy Garlic Ginger Sauerkraut is made in small batches with lots of love in Suwanee, GA. Organically grown cabbage, radishes, garlic and ginger make a wonderful kimchi-like flavor combination. Crunchy, tangy and full of fermented zing it is not just tasty, it is incredibly good for you! We never pasteurize anything, so all our ferments are raw, living and full of happy bugs for a happy tummy! Wonderfully delicious right out of the jar, or on your favorite sandwich, salad or soup it is a delicious, nutritious addition to any meal!

Every jar is carefully packed by hand and it will stay fresh and bright refrigerated for many months.

Ingredients

INGREDIENTS: CABBAGE*, DAIKON RADISH*, CARROTS*, GARLIC*, GINGER*, SCALLIONS*, HIMALAYAN PINK SALT, **GOCHUGARU PEPPERS**

*Organic Ingredients

Allergens

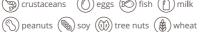
Free From:











Nutrition Facts

Servings per Container 2tbsp (2G24) Serving size

Amount per serving Calories

10

% Da	ily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 0g	_
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 2mg	11%
Potassium 60mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Refrigerated

Serving Suggestions

It can be

- -added to salads, soups, sandwiches
- -served as a side dish (cooked or raw)
- -served as a main dish in combination with meats/sausages

Prep & Cooking Suggestions

Can be served raw or cooked

Product Specifications

Brand	Manufacturer	Product Category
Cultured Traditions	Cultured Traditions	Pickled Vegetables, Other

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
736211744494	SGG	744494	10195893081452		12/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19.4lb	19.4lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.25in	10in	5.75in	0.44ft3	12x6	150days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	10	Total Fat	0g	Sodium	240mg
Protein	0	Trans Fats		Calcium	10mg
Total Carbohydrates	2g	Saturated Fat	0g	Iron	2mg
Sugars	1g	Added Sugars	0g	Potassium	60mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images						

