

Tucson Tamale

766680 - Green Chile Chicken Tamales



Premium Mexican Handmade Tamales. Made with premium ingredients. Wrapped in traditional corn husk. These Green Chile Chicken Tamales feature light and fluffy masa made from organic white corn. Tamales are fully cooked and frozen for freshness.



* Benefits

Green Chile Chicken Tamales by Tucson Foods are made with chicken simmered in our signature 100% Fire Roasted Hatch Green Chile Sauce. This delicious chicken filling is wrapped in masa made with organic white corn. Wrapped in traditional corn husk. Fully Cooked. Gluten Free. Frozen for Freshness.

Ingredients

A Allergens

MASA (WATER, GROUND CORN FLOUR* (CORN*, LIME), CANOLA OIL, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE)), FILLING (CHICKEN MEAT, FIRE ROASTED HATCH GREEN CHILE (GREEN CHILE, LIME JUICE), TOMATO (VINE-RIPENED TOMATOES, SALT, CITRIC ACID, CALCIUM CHLORIDE)

Free From:









(😫) wheat

Nutrition Facts

Servings per Container 142g (1EA) Serving size

Amount per serving Calories

260

Calonies	200
% Da	aily Value*
Total Fat 15g	19%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 480mg	21%
Total Carbohydrate 21g	8%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.9mg	4%
Potassium 90mg	2%

* The % Daily Value (DV) tells you how much a nutrient in

a day is used for general nutrition advice.

a serving of food contributes to a daily diet. 2,000 calories

Handling Suggestions

ONIONS, SEA SALT, SPICE). *ORGANIC

Product Specifications

Keep frozen until use.

Serving Suggestions

steam and serve

Prep & Cooking Suggestions

Steam until an internal temperature of 165 Degrees F. Or, wrap one tamale in wet paper towel and microwave for 2 minutes

Brand	Manufacturer
Tucson Tamale	Dot Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	766680	766680	10853437002850		30/5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.3lb	9.37lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.5in	10in	6.75in	0.45ft3	16x8	475days	-5°F / -2°F





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Nutrition Analysis - By Measure

Calories	260	Total Fat	15g	Sodium	480mg
Protein	12	Trans Fats	0g	Calcium	20mg
Total Carbohydrates	21g	Saturated Fat	1.5g	Iron	0.9mg
Sugars	2g	Added Sugars	0g	Potassium	90mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images





