

Southern City Flavors 780142 - Stone Ground Tennessee Grits See package for details



		Nutrition Fa	icts			
	SUTHERA CITY FLAVORS	Servings per Container 26 Serving size 35.0g (35g)				
	Store Grand GPITS	Amount per serving Calories	130			
	Frichly Store Assand in the Ald Touriste Alley	% D	aily Value*			
	NET VF. 118 (MSA)	Total Fat Og	0%			
		Saturated Fat 0g	0%			
	and the second	Trans Fat				
		Cholesterol Omg	0%			
* Benefits		Sodium Omg	0%			
		Total Carbohydrate 28g	10%			
White Corn Grits		Dietary Fiber 1g	4%			
		Total Sugars 0g				
		Includes 0g Added Sugar	0%			
Ingredients	Allergens	Protein 3g				
ingreatents	Allergens					
White Corn Grits	Free From:	Vitamin D 0mcg	0%			
	(Sp) crustaceans (O) eggs (O) fish (A) mi	Calcium 0mg	0%			
	(S) peanuts (S) soy (D) tree nuts (B) who		2%			
		Potassium 30mg	1%			
		* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diel a day is used for general nutrition advice.				

Product Specifications

Handling Suggestions	Product Specifications								
Store in a cook dry place	Brand Southern City Flavors		Manufacturer Southern City Flavors			Pr	Product Category Grocery		
Serving Suggestions	U	PC	MFG #	SPC #	<i>‡</i>	GTIN	Р	ack	Pack Desc.
Use as a breakfast side dish. Also great as a meal with shrimp or beef	856188	003780	142	78014	780142 1085618800378		787		12/16 OZ
	Gross Weight Net Weight Country of Origin Ko				Kosher	Ch	nild Nutrition		
Prep & Cooking Suggestions	13.	5lb	13.5lb)	United S	tates	No		
Add water, and bring to a boil, then	Shipping Information								
simmer for 30 minutes	Length	Width	Height	Volume	TIxHI	Shelf Life	Stora	ige Te	emp From/To
	10in	12in	8in	0.56ft3	15x4	712days		60°F	- / 77°F
									nowarad by

powered by Syndigo 🚍 ve When Content Flo





Nutrition Analysis - By Measure

Calories	130	Total Fat	Og	Sodium	0mg
Protein	3	Trans Fats		Calcium	0mg
Total Carbohydrates…	28g	Saturated Fat	Og	Iron	0.3mg
Sugars	Og	Added Sugars	Og	Potassium	30mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

O Additional Images



Syndigo =