

SOGNO TOSCANO

800028 - Long Stemmed Artichokes



Also known as Carciofi Romaneschi, our Sogno Tuscano Tuscan Dream, Artichoke with Stem are literally to die for. We bring them in from a small town in the Region of Lazio called Ladispoli where the soil is particularly rich in minerals for the artichokes to grow. Drained weight 2.87 lb



* Benefits

One of the most iconic vegetable recipes from Italy, Carciofi alla Romana is simple in its concept yet results in incredibly tender artichokes that have a fragrant flavor. These Roman-style artichokes form a traditional dish that has been enjoyed for many years. Once cooked by the farmers who grew the Romanesco artichokes to feed themselves, Carciofi alla Romana is now enjoyed around the world. The succulent artichokes are marinated in white wine and preserved in oil. Bite into the soft artichoke hearts to enjoy the delicate aroma and light flavor.

Ingredients

Allergens

Artichokes, sunflower oil, spices, water, wine vinegar, salt, acidity corrector: citric acid. Antioxidant: L-Ascorbic acid.

Free From: crustaceans (O) eggs (SO) fish (O) milk





(🛞) wheat

Nutrition Facts

Servings per Container 26 Serving size 50gramsdrained (1.76oz)

Amount per serving Calories

32 15

Calorics	30.13					
% Daily Value						
Total Fat 2.9g	4%					
Saturated Fat 0.4g	2%					
Trans Fat 0g						
Cholesterol 0mg	0%					
Sodium 205mg	9%					
Total Carbohydrate 1.33g	g 0%					
Dietary Fiber 1.7g	7%					
Total Sugars 1.33g						
Includes 0g Added Sug	gar 0%					
Protein 1g	_					
Vitamin D 0mcg	0%					
Calcium 0mg	0%					
Iron 0mg	0%					
Potassium 0mg	0%					

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Keep in a cool and dry place, refrigerate after opening and use within a few days.

Serving Suggestions

Fry them or enjoy them in their marinade, chop them up and use them to dress a pasta dish or add them to your favorite salad.

Prep & Cooking Suggestions

Drain and ready to use

Product Specifications

Brand	Manufacturer
SOGNO TOSCANO	Sogno Toscano

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	8000.28	800028	10857200006717		6/3 KG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
42.36lb 39.52lb		Italy	No	

Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To		
19in	12in	6in	0.79ft3	7x10	712days	60°F / 77°F		





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Nutrition Analysis - By Measure

Calories	38.15	Total Fat	2.9g	Sodium	205mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	1.33g	Saturated Fat	0.4g	Iron	0mg
Sugars	1.33g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1.7g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



