



Accidental Bake

802326 - Everything Cracker Flatbread Vegan

Artisanal Flatbread Crackers



# Nutrition Facts

Servings per Container 5  
Serving size 2crackers (2EA)

Amount per serving  
**Calories 90**

% Daily Value\*

<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 18mg	<b>1%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0.38mg	<b>2%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

The Accidental Baker has been producing our Artisan Flatbread Crackers in Hillsborough since 2007. We cold-rise our cracker dough for 24 hours. This extra time allows the ingredients to fully combine, creating a cracker with full flavor and just the right crunch. We use locally milled, GMO-free flour. Our artisan flatbread crackers are vegetarian and dairy free.

### Ingredients

Unbleached red wheat flour enriched with malted barley flour niacin reduced iron thiamin mononitrate riboflaven folic acid, Organic whole wheat flour, Organic pastry flour, Water, Extra virgin olive oil, Roasted garlic, Sesame seeds, Onion powder, Salt, Poppy seeds, Caraway, Yeast

### ⚠ Allergens

#### Free From:



## Handling Suggestions

Store in a sealed container in a dry space

## Serving Suggestions

Serving suggestion is two crackers

## Prep & Cooking Suggestions

No prep needed.

## 📄 Product Specifications

Brand	Manufacturer	Product Category
Accidental Bake	The Accidental Baker	Crackers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
644216802326	2019	802326	10860002774654		12/5.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.5lb	4.5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8in	12in	12in	0.67ft3	12x4	240days	60°F / 77°F



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## Nutrition Analysis - By Measure

Calories	90	Total Fat	2g	Sodium	18mg
Protein	2	Trans Fats		Calcium	0mg
Total Carbohydrates...	16g	Saturated Fat	0g	Iron	0.38mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

