



JosÃ© AndrÃ©s

805000 - Tuna Empanadas

Galician style pastries filled with Tuna and Vegetables. Our dough contains gourmet Spanish Olive oil and our famous paprika or "pimenton" and the filling is the perfect mix of wild tuna and slowly cooked vegetables.



Empanada de Atún
TUNA EMPANADAS

4 PIECES
NET WT 12.8 OZ (362.87 G)

KEEP FROZEN
COOK THOROUGHLY

Nutrition Facts

Servings per Container 4
Serving size 91grams (1H87)

Amount per serving
Calories 290

	% Daily Value*
Total Fat 13g	17%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 800mg	35%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 13g	
Vitamin D 0.6mcg	2%
Calcium 90mg	6%
Iron 2.3mg	15%
Potassium 136mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Empanadas, rich and delicious pastries filled with seafood or pork, originally come from the region of Galicia in Spains rugged northwest. Theyve been enjoyed by travelers for centuries, easily packed as dense nutrition for long journeys. From the bags of ancient travelers to your lunchbox, empanadas are the perfect meal on the go!

Ingredients

Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sofrito Sauce (Onions, green and red peppers, tomatoes, sunflower oil, white wine, sugar, modified starch, salt, valentine sauce (dried chillies, acetic acid, vinegar and spices) and citric acid), Fish (White Tuna, canned in water, drained solids), Water, Palm Oil, Fish (Sardine, Atlantic, canned in Water, drained solids with bone), Beef Suet, Olive Oil, Salt, Dough Conditioner (wheat flour, Datem. Contains 2% or less of each of the following: Soy bean oil, ascorbic acid, enzymes, l-cystine), Calcium Propionate, Paprika.

Allergens

Contains:

fish soy wheat

Free From:

crustaceans eggs milk peanuts
sesame tree nuts

Handling Suggestions

Keep frozen until ready to use.
UNIT UPC: 850060985102

Serving Suggestions

Serve as an Appetizer or a Snack,
with or without sauce on the side.

Prep & Cooking Suggestions

Oven / Air Fryer: Preheat at 375 F
and cook for 18 min or until an
internal temperature of 165F is
reached (Time varies depending on
equipment and amount of serving
cooked together).

Product Specifications

Brand	Manufacturer
JosÃ© AndrÃ©s	Sukalde Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850060985102	SUK-805	805000	10850060985109		12/12.8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.1lb	9.6lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
9.5in	8.75in	13in	0.63ft3	20x5	475days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	290	Total Fat	13g	Sodium	800mg
Protein	13	Trans Fats	0g	Calcium	90mg
Total Carbohydrates...	29g	Saturated Fat	3.5g	Iron	2.3mg
Sugars	0g	Added Sugars	0g	Potassium	136mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)		Vitamin D	0.6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

