



Kabobs

# 8314 - Cheese & Jalapeno Arepa Mini Gluten

Mini Cheese & Jalapeno Arepa.



## Nutrition Facts

Servings per Container 65  
Serving size 3.0EA (3EA)

Amount per serving  
**Calories 180**

% Daily Value\*

Total Fat	10g	13%
Saturated Fat	4.5g	23%
Trans Fat		
Cholesterol	20mg	7%
Sodium	520mg	23%
Total Carbohydrate	18g	7%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes Added Sugar	0g	0%
Protein	5g	
Vitamin D	0.1mcg	1%
Calcium	100mg	8%
Iron	0.8mg	4%
Potassium	110mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

A traditional and popular accompaniment in Spain and several parts of Latin America, arepas have seen a steady adoption in menu placement throughout North America due to their crisp and creamy texture, and exceptional corn meal flavor making them ideal for any culinary adoption. To best meet your customer needs and expectations, Kabobs culinary team have crafted a miniature version of this classic item, with an impressive flavor enhancement. Our team takes pickled jalapenos, paired with a cool creamy blend of Monterey Jack and cream cheese, then stuffs into a traditional maize / corn pastry. Perfect as is, or can be topped with a wealth of dining accompaniments.  
Hors d'oeuvre Component: Top with variety of items (Chicken Mole, Ceviche, Roasted Vegetables, BBQ Pork, Guacamole & Queso Fresco, etc).  
Accents to Small Plates: Accompaniment to salads or soup.  
Spanish and Latin American inspired. Addressed current dining trends for authentic regional cuisine.  
Preparation/Variability: Baked, Fried, or Pan-Seared.  
Gluten Free/Friendly item.  
Meets vegetarian dietary requirements.

### Ingredients

Water, pre cooked white corn meal enriched, mozzarella cheese, butter alternative filling: cream cheese, monterey jack cheese, modified corn starch

### ⚠ Allergens

#### Contains:



#### Free From:



### Handling Suggestions

keep frozen

### Serving Suggestions

Hors d'oeuvre Component: Top with variety of items (Cochinita Pibil, Chicken Mole, Ceviche, Roasted Vegetables, BBQ Pork, Guacamole & Queso Fresco, etc).

Accents to Small Plates: Accompaniment to salads or soup.

### Prep & Cooking Suggestions

From frozen bake in a Pre-heated 350F convection oven for 8-10 minutes or until golden brown. Or, from frozen deep fry at 350F for 3-4 minutes or until golden brown. Or, from frozen pan fry over medium high heat once hot add the mini arepas. Cook for 2-3 minutes then flipping and cook for another 2-3 minutes until or until golden brown.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Kabobs	Kabobs	Appetizers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	K8314	8314	00745378831404		196/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5lb	12.25lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	9.25in	6.63in	0.59ft3	10x8	365days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	180	Total Fat	10g	Sodium	520mg
Protein	5	Trans Fats		Calcium	100mg
Total Carbohydrates...	18g	Saturated Fat	4.5g	Iron	0.8mg
Sugars	1g	Added Sugars	0g	Potassium	110mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D	0.1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

