



Kabobs

# 84171 - Spinach & Swiss Quiche Crustless Gl

Sauteed spinach, garlic, onion, Swiss and Monterey Jack cheese, gently folded into a satiny custard of eggs and heavy cream. Gluten Free and Vegetarian.



## \* Benefits

The inspiration for Kabobs line of Crustless Quiche was the demand for healthier breakfast dining choices from your customers. Consisting of a rich, satiny, smooth custard of whole eggs, cheeses, fresh herbs and seasonings, Kabobs Crustless Quiche are twice-baked in a conical mold shape. The unique shape for the quiche not only provides a great visual presentation, but was created to easily top-off with your favorite accompaniments: sauteed onions, additional cheese, bacon, ham, etc

# Nutrition Facts

Servings per Container 60  
Serving size 1.0EA (1EA)

Amount per serving  
**Calories 310**

	% Daily Value*
<b>Total Fat</b> 27g	<b>41%</b>
Saturated Fat 16g	80%
Trans Fat	
<b>Cholesterol</b> 165mg	<b>55%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
<b>Protein</b> 13g	
Vitamin D 0mcg	0%
Calcium 455mg	35%
Iron 0.6mg	3%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

HEAVY CREAM (Skim Milk, Carrageenan, Polysorbate 80, Mono and Diglycerides), SWISS CHEESE (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose Added to Prevent Caking), LIQUID WHOLE EGGS (Whole Eggs, Citric Acid [To Preserve Color], 0.15% Water Added As A Carrier For Citric Acid), MONTEREY JACK CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose Added To Prevent Caking), HALF & HALF (Milk, Cream, Sodium Citrate, Disodium Phosphate), SPINACH, PIE BASE (Modified Food Starch, Whey Powder (Milk), Partially Hydrogenated Coconut Oil, Corn syrup solids, Egg White Powder, Whole Egg Powder, Salt, Disodium Phosphate, Maltodextrin, Mono- and Diglycerides, Natural Flavor, Citric Acid, Cellulose Gum and Artificial color (Yellow #5 and Yellow #6), SPICES, SALT, XANTHAN GUM, ONION POWDER, GARLIC POWDER, PAN COATING (Soybean Oil, Soy Lecithin, Natural and Artificial Butter Flavor, Beta Carotene (Color), Non-Chlorofluorocarbon Propellant).

## Allergens

### Contains:

eggs milk soy

### Free From:

crustaceans fish peanuts  
tree nuts wheat

## Handling Suggestions

Keep frozen

## Serving Suggestions

Breakfast Entree Item  
Gluten-Friendly  
Pairs well with small micro green spring salads, fruit or caramelized onions

## Prep & Cooking Suggestions

From frozen bake in a pre-heated 325F convection oven for 12-14 minutes or until internal temperature reaches 165F as measured by use of a thermometer.

Microwave Instructions: Thaw completely under refrigeration then heat on high heat 2 minutes and 30 seconds or until internal temperature reaches 165F as measured by use of a thermometer.

## Product Specifications

Brand	Manufacturer	Product Category
Kabobs	Kabobs	Quiche

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	K4171	84171	00745378417103		60/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.25lb	15lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	9.25in	6.63in	0.59ft3	10x8	365days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	310	Total Fat	27g	Sodium	390mg
Protein	13	Trans Fats		Calcium	455mg
Total Carbohydrates...	6g	Saturated Fat	16g	Iron	0.6mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	165mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

