

### Kabobs 84171 - Spinach & Swiss Quiche Crustless Gl

Sauted spinach, garlic, onion, Swiss and Monterey Jack cheese, gently folded into a satiny custard of eggs and heavy cream. Gluten Free and Vegetariran.



		<b>Nutrition Facts</b>		
	Servings per Container 60 Serving size 1.0EA (1EA)			
		Amount per serving Calories	310	
		% Da	aily Value*	
		Total Fat 27g	41%	
		Saturated Fat 16g	80%	
		Trans Fat		
		Cholesterol 165mg	55%	
<b>★</b> Benefits		Sodium 390mg	17%	
		Total Carbohydrate 6g	2%	
The inspiration for Kabobs line of Crustless Quiche choices from your customers. Consisting of a rich, s	Dietary Fiber 0g	0%		
herbs and seasonings, Kabobs Crustless Quiche are shape for the quiche not only provides a great visua your favorite accompaniments: sauted onions, add	I presentation, but was created to easily top-off with	Total Sugars 1g		
your lavonte accompaniments, sauteu onions, au	tional cheese, bacon, nam, etc	Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 13g		
		Vitemin D. Omca	0%	
HEAVY CREAM (Skim Milk, Carrageenan, Polysorbate 80, Mono	Contains:	Vitamin D 0mcg Calcium 455mg	35%	
HEAVY CREAM (Skim Milk, Carrageenan, Polysorbate 80, Mono and Diglycerides), SWISS CHEESE (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose Added to Prevent Caking), LIQUID WHOLE EGGS (Whole Eggs, Citric Acid (To Preserve Color), 0.15% Water Added As A Carrier For Citric Acid), MONTEREY JACK CHEESE (Pasteurized Milk, Chenge Cellus, Cable Ensympt De Added and To	🔘 eggs 🕧 milk 👒 soy	Iron 0.6mg	33%	
For Citic Acid, MONTEREY JACK CHEESE (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose Added To	Free From:	Potassium 0mg	0%	
Cheese Culture, Salt, Enzymes, Powdered Cellulose Added To Prevent Caking), HALE & HALF (Milk, Cream, Sodium Citrate, Disodium Phosphate), SPINACH, PIE BASE (Modified Food Starch, Whey Powder (Milk), Partially Hydrogenated Coconut Oil, Corn syrup solids, Egg White Powder, Whole Egg Powder, Salt, Disodium Phosphate, Maltodextrin, Mono- and Diglycerides, Natural Flavor, Citric Acid, Cellulose Gum and Artificial color (Yellow #5 and Yellow #6), SPICES, SALT, XANTHAN GUM, ONION POWDER, GARLIC POWDER, PAN COATING (Soybean Oil, Soy Lecithin, Natural and Artificial Butter Flavor, Beta Carotene	(i) tree nuts (i) wheat	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.	h a nutrient in	

#### Handling Suggestions

Keep frozen

#### Serving Suggestions

Breakfast Entre Item Gluten-Friendly Pairs well with small micro green spring salads, fruit or caramelized onions

# Prep & Cooking Suggestions

From frozen bake in a pre-heated 325F convection oven for 12-14 minutes or until internal temperature reaches 165F as measured by use of a thermometer.

Microwave Instructions: Thaw completely under refrigeration then heat on high heat 2 minutes and 30 seconds or until internal temperature reaches 165F as measured by use of a thermometer.

# Product Specifications

Brand		Manu	Manufacturer		Product Category			
Kabobs			Kabobs			Quiche		
UPC	MFG	# SP	PC #	GTIN			Pack	Pack Desc.
	K417	1 84	171	00745378417103			60/4 OZ	
Gross Weight Net V		Net Wei	ght C	Country of Origin		K	osher	Child Nutrition
16.2	16.25lb 15			United States			No	
Shipping Information								
Length	Width	Height	Volume	e TIxHI	Shelf	Life	Storage Temp From/To	
16.5in	9.25in	6.63in	0.59ft3	3 10x8	365da	ays	-2°F / -5°F	



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Nutrition Analysis - By Measure

Calories	310	Total Fat	27g	Sodium	390mg
Protein	13	Trans Fats		Calcium	455mg
Total Carbohydrates…	6g	Saturated Fat	16g	Iron	0.6mg
Sugars	1g	Added Sugars	Og	Potassium	0mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	165mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



