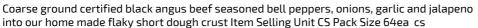


Gourmet Foods Llc 851010 - **Beef Empanada**

BEEF EMPANADA 3 OZ







* Benefits

BEEF EMPANADA 3 OZ, MADE WITH CAGE FREE EGGS AND UNBLEACHED FLOWER, CLEAN LABEL INGREDIENTS

Ingredients

INGREDIENTS: GROUND BEEF, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SHORTENING (PALM OIL), BUTTER (REAM MILK), NATURAL FLAVOR (LACIT), CACID), ONIONS, WORCESTERSHIRE SAUCE (DISTILLED WHITE VINEGAR, MOLASSES, SUGAR, WATER, SALT, ONIONS, ANCHOVIES, GARLIC, CLOVES, TAMARIND ENTRACT, NATURAL FLAVORINGS, CHILL PEPPER KITRACT), BREAD CRUMBS (UNBLEACHED WHEAT FLOUR, CANE SUGAR, YEAST, SEA SALT), GARILC, EVEPELER PRESSED CANOLA OIL, EGG WHITES, EGGS, BELL PEPPERS, SEA SALT, BEEF BASE CONCENTRATE (ETKTRACTS OF (BEEF AND VEAL STOCK, CARROT, ONION, CELERY, LEEK, TOMATO, ROSEMARY, GARILC, TOMATO, PASTE, SPICES, VEAST EXTRACT, WATER, SALT, TOMATO PASTE, SUGAR, WORCESTERSHIRE SAUCE (MALT VINEGAR, APPLE, ORANGE, LEMON, MOLASSES, CLOVE, GINGER, CAYENNE PEPPER), GARILC POWDER, TABASCO PEPPER SALCE (MALT VINEGAR, RED PEPPERS, SALT, SALCE OLSTILLED VINEGAR, RED PEPPERS, SALT, SPICES, AMSTHAN GUM, JALAPENOS, THYME, ORIED PASILA PEPPER, ANCHO CHILL PEPPERS, SUGAR, CHIPOTLE CHILL POWDER (SMOKES), ANNATTO SOLUTION.

A Allergens

Contains:





((iii)) tree nuts







Nutrition Facts

Servings per Container 64 3.070Z Serving size

Amount per serving Calarias

Calories	300
% Da	ily Value*
Total Fat 20g	31%
Saturated Fat 10g	50%
<i>Trans</i> Fat	
Cholesterol 40mg	13%
Sodium 340mg	15%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 1 mg	6%
Potassium 71mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

KEEP FROZEN AT 0 F OR BELOW AT **ALL TIMES**

Serving Suggestions

HANDHELD MEAL OR SNACK FOR BREAKF LUNCH AND DINNER

Prep & Cooking Suggestions

REMOVE EMPANADAS FROM FREEZER AND PLACE THEM ON SHEETPAN WITH PARCHMENT PAPER. (HOLD PREHEAT THE OVEN TO 375 F AND PLACE THE EMPANADAS IN THE OVEN AT 350F FOR 25-30 MIN (UNTIL THEY REACH AN INTERNAL TEMP.OF 165F.) REMOVE THE SHEETPAN FROM THE OVEN AND LET THEM REST FOR A FEW MINUTES BEFORE SERVING. BON APPETITE

Product Specifications

Brand	Manufacturer	Product Category
Gourmet Foods Llc	Gourmet Foods LLC.	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	28510	851010	00850047475176		64/3.0 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	12lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.44in	10in	6.75in	0.64ft3	10x10	274days	-2°F / -5°F





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BEEF EMPANADA 3 OZ Coarse ground certified black angus beef seasoned bell peppers, onions, garlic and jalapeno into our home made flaky short dough crust Item Selling Unit CS Pack Size 64ea cs

Nutrition Analysis - By Measure

Calories	300	Total Fat	20g	Sodium	340mg
Protein	9	Trans Fats		Calcium	2mg
Total Carbohydrates···	19g	Saturated Fat	10g	Iron	1mg
Sugars	1g	Added Sugars	0g	Potassium	71mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	 Additional Images 						

