



Farmer Direct Foods

851355 - Heirloom Wheat Flour

Our heirloom wheat flour is made with Turkey Red wheat, a heritage grain that predates modern breeding. Turkey Red arrived in the US in the early 1870's.



Nutrition Facts

Servings per Container 76
Serving size 0.25CP (0.25GS21)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 4g	16%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our heirloom wheat flour is made with Turkey Red wheat, a heritage grain that predates modern breeding. Turkey Red arrived in the US in the early 1870's, brought to Kansas by Mennonite immigrants from Russia. This flour is 100% genuine stone-ground and has a finer texture than traditional whole wheat.

Ingredients

100% Whole Red Turkey Wheat Flour: Contains Wheat

⚠ Allergens

Contains:

🌾 wheat

Free From:

🦀 crustaceans 🥚 eggs 🐟 fish 🥛 milk
🥜 peanuts 🌿 sesame 🫘 soy 🌳 tree nuts

Handling Suggestions

Dry UNIT UPC: 853518001355

Serving Suggestions

Baking

Prep & Cooking Suggestions

Use according to recipe/ application.

📄 Product Specifications

Brand			Manufacturer			
Farmer Direct Foods			Farmer Direct Foods			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
853518001355	853518001355	851355	00853518001140		8/5 LB	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
44lb	40lb	United States	Yes			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	16in	9in	1ft3	10x6	237days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	1g	Sodium	0mg
Protein	4	Trans Fats	0g	Calcium	6mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	110mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

