



Esti

85565 - Plain Yogurt 0%

Esti Foods yogurt is a purely authentic Greek yogurt made with 45 year old heirloom cultures from Greece and the creamiest milk from Jersey & Guernsey cows. Light, fluffy & thick texture, naturally sweet to the taste



Nutrition Facts

Servings per Container 6
Serving size 1cup (1GS21)

Amount per serving
Calories 92

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 65 mg	3%
Total Carbohydrate 8 g	3%
Dietary Fiber 0 g	0%
Total Sugars 8 g	
Includes 0 g Added Sugar	0%
Protein 15 g	
Vitamin D 0 mcg	0%
Calcium 260 mg	30%
Iron 0 mg	0%
Potassium 470 mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

Pasteurized skim milk Grade A, live active yogurt cultures (Lactobacillus Bulgaricus, S.Thermophilus)

Allergens

Contains:



Free From:



Handling Suggestions

See label for suggestions

UNIT UPC: 855616007826

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

Product Specifications

Brand	Manufacturer
Esti	Esti Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
855616007826	3310	85565	10855616007823		6/32 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5 lb	12 lb	United States of America	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5 in	11 in	6 in	0.59 ft3	10x19	30 days	35 °F / 37 °F



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Nutrition Analysis - By Measure

Calories	92	Total Fat	0 g	Sodium	65 mg
Protein	15	Trans Fats	0 g	Calcium	260 mg
Total Carbohydrates...	8 g	Saturated Fat	0 g	Iron	0 mg
Sugars	8 g	Added Sugars	0 g	Potassium	470 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

