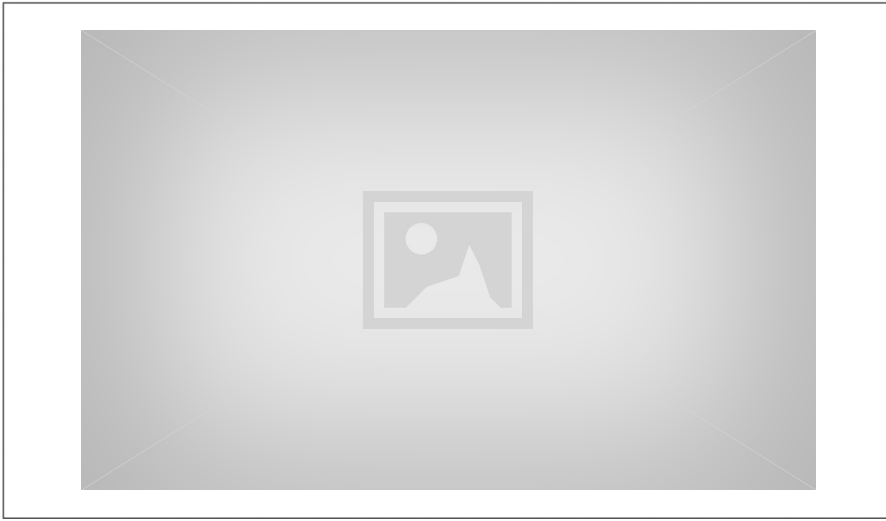




Esti

85573 - Original Recipe Hummus & Pita Chips

This creamy and rich hummus is made from premium chickpeas and crafted with authentic ingredients like tahini, garlic, and lemon juice for a delicious flavor. Low in calories, and packed with plant-based protein and fiber.



* Benefits

Esti is a service, but this can make it a lot better for you, for your family and for all of us. There's why we started the need of change for all Jordan daily diet, inspired by the earth green tastes of Mediterranean being. Because what we eat makes us who we are, a plant based nutrition balanced diet is the key to a healthy life. We provide you a plant based nutrition with pure, natural Mediterranean ingredients leading to a healthy way of life for every one of us. So also our goal and only goal. That the nutrition you eat, leads to a healthy life for all.

Ingredients

Hummus: Chick pea , sesame tahini , sunflower oil , water , sea salt , garlic , pepper , lemon juice concentrate.
Pita Chips: Wheat flour , sunflower oil , salt , olive oil , yeas

⚠ Allergens

Contains:

wheat

May Contain:

eggs fish soy

Free From:

crustaceans milk peanuts
 sesame tree nuts

Nutrition Facts

2 Servings Per Container

Serving size **2.3 OZ**

Amount per serving
Calories 228

% Daily Value*

Total Fat 16 g	21%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 410 mg	18%
Total Carbohydrate 17 g	6%
Dietary Fiber 2 g	7%
Total Sugars 2 g	
Includes 0 g Added Sugar	0%
Protein 5 g	
Vitamin D 0.6 mcg	2%
Calcium 32 mg	4%
Iron 0.9 mg	4%
Potassium 117 mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated (32F to 44F).
Enjoy within 7 days after opening.---
UNIT UPC: 819530020224

Serving Suggestions

Great as a quick snack when you are on the go.

Prep & Cooking Suggestions

Remove top lid, remove covering off of pita chips and hummus, use pita chips to scoop and eat hummus.

Product Specifications

Brand	Manufacturer
Esti	Esti Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
819530020224	60094	85573	10819530020221		12/4.6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.4 lb	3.45 lb	Greece	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.75 in	12 in	4 in	0.44 ft3	10x20	165 days	35 °F / 37 °F



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Nutrition Analysis - By Measure

Calories	228	Total Fat	16 g	Sodium	410 mg
Protein	5	Trans Fats	0 g	Calcium	32 mg
Total Carbohydrates...	17 g	Saturated Fat	2.5 g	Iron	0.9 mg
Sugars	2 g	Added Sugars	0 g	Potassium	117 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20 mg		
Vitamin A(U)		Vitamin D	0.6 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

