



Esti

85580 - Lemon Fava Bean Spread

Esti Foods dips are all natural, clean-label, non GMO products made with produce from the Mediterranean. Made with fava from the island of Santorini.



Nutrition Facts

Servings per Container 8
Serving size 2tbsp (2G24)

Amount per serving
Calories 38

| % Daily Value* | |
|----------------------|----------|
| Total Fat | 1.5g 2% |
| Saturated Fat | 0g 0% |
| Trans Fat | |
| Cholesterol | 0mg 0% |
| Sodium | 100mg 4% |
| Total Carbohydrate | 5g 2% |
| Dietary Fiber | 2g 7% |
| Total Sugars | 0g |
| Includes Added Sugar | 0g 0% |
| Protein | 2g |
| Vitamin D | 0mcg 0% |
| Calcium | 6mg 0% |
| Iron | 0.3mg 2% |
| Potassium | 62mg 1% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Esti: Better life for all.
Life is a marvel, but you can make it a lot better for you, for your family and for all of us.
That's why we planted the seed of change for all peoples only diet, inspired by the earth grown tastes of Mediterranean living. Because what we eat makes us who we are, a plant based nutritionally balanced diet is the key to a healthy life. We provide to you a plant based nutrition with pure, natural Mediterranean ingredients feeding you a healthy way of life for every area of life, but also our love and only planet. The best nutrition you can get, could make a better life for all.
Something is changing for the better in our way of living. More and more people want to include in their daily diet natural and plant-based foods. That's why we created the ESTI brand, which is inspired by the Mediterranean diet.
ESTI products are all natural and are ideal for any type of diet: vegan or vegetarian according to their ingredients, or flexitarian for those who choose the best of any kind of diet according to their appetite.
ESTI is an holistic brand inspired by the essence of essence that promotes healthy lifestyle and well-being, taking into consideration our customers health & lifestyle, the environment, ethical manufacturing and labor practices.
Our inspiration draws from the history of healthy & natural Mediterranean living, with the sun, salt water and climate of the region influencing the growth of all the fruits and vegetables. Our philosophy combines passion for quality, attention to detail, selective Mediterranean ingredients, and exceptional taste.
Proud of our origin and our deep roots in the culture of Mediterranean living we offer a unique, completely different and absolutely innovative basket of plant-based, grab & go solutions, and clean label products. So, everybody can enjoy the earth grown taste of Mediterranean living.
Esti Lemon Fava Bean Dip:
Authentic Greek Recipe. Made with pure Mediterranean ingredients, that combine proteins, vitamins & antioxidants without any preservatives & chemicals.
A beautifully balanced taste inspired from the Mediterranean diet.
Esti Lemon Fava Bean Dip is made with fava from the island of Santorini.
Vegan. No preservatives. Gluten free. Non-GMO.

Ingredients

Fava , extra virgin olive oil ,
onions , potato starch , sea salt ,
lemon peel , pepper , lemon
juice concentrate.

Allergens

Free From:
crustaceans eggs fish milk
peanuts soy tree nuts wheat

Handling Suggestions

Keep refrigerated (32F to 44F).
Enjoy within 7 days after opening.

Serving Suggestions

Can be used with or incorporated with
vegetable dip, pita bread dip, grilled
vegetables, grilled chicken/meat, fish, salad
bowls, spread for sandwiches or burgers, dip
for fries, stuffed pita sandwich.

Prep & Cooking Suggestions

Remove lid, peel away plastic
wrapping; ready to eat.

Product Specifications

| Brand | | Manufacturer | | Product Category | | |
|----------------------|------------|-------------------|----------------|-------------------|------------|----------------------|
| Esti | | Esti Foods | | Hummus & Bean Dip | | |
| | | | | | | |
| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. | |
| 819530020682 | 1048 | 85580 | 10819530020689 | | 8/8 OZ | |
| | | | | | | |
| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition | | |
| 4.7lb | 4lb | Greece | No | | | |
| | | | | | | |
| Shipping Information | | | | | | |
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 8.3in | 11.4in | 3.9in | 0.21ft3 | 17x20 | 75days | 35°F / 37°F |



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Nutrition Analysis - By Measure

| | | | | | |
|------------------------|----|---------------------|------|----------------|-------|
| Calories | 38 | Total Fat | 1.5g | Sodium | 100mg |
| Protein | 2 | Trans Fats | | Calcium | 6mg |
| Total Carbohydrates... | 5g | Saturated Fat | 0g | Iron | 0.3mg |
| Sugars | 0g | Added Sugars | 0g | Potassium | 62mg |
| Dietary Fiber | 2g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

 Additional Images

