



Fresh Pack

87903 - Stuffed Grapeleaf Dolmas

Dolmas,from the Turkish verb to stuff,are the culinary legacy of the mighty Ottoman Empire. Dolmasare very versatile; they can be eaten cold or warm. Fresh Pack's Dolmas are the perfect portion for snacking or as an appetizer!



Nutrition Facts

Servings per Container	2
Serving size	1cup (50g)
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0.55g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	2%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 29.93mg	2%
Iron 0.36mg	2%
Potassium 0mg	0%

* Benefits

Dolmas,from the Turkish verb to stuff,are the culinary legacy of the mighty Ottoman Empire. Dolmasare very versatile; they can be eaten cold or warm. While they are traditionally stuffed with meat, our version is only stuffed with rice and spices, making them vegetarian friendly! Fresh Pack's Dolmas are the perfect portion for snacking or as an appetizer!

Vegetarian
Ready to serve
Imported from Italy
Gluten-free
Vegan

Ingredients

SUNFLOWER OIL, RICE, VINE LEAVES, SOYBEAN OIL, ONIONS, SEA SALT, PEPPER, MINT, DILL, CITRIC ACID.

Allergens

Contains:



Free From:



Handling Suggestions

Refrigerate UNIT UPC:
820581879037

Serving Suggestions

Dolmas is typically used as antipasti.

Prep & Cooking Suggestions

Just easy-open the cup and enjoy.

Product Specifications

Brand	Manufacturer
Fresh Pack	Fresh Pack

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581879037	OFDOLMAS20	87903	10820581879034		12/7.1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.12lb	5.32lb	Greece	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.35in	4.53in	7.09in	0.29ft3	25x10	160days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	60	Total Fat	3g	Sodium	300mg
Protein	1	Trans Fats	0g	Calcium	29.93mg
Total Carbohydrates...	8g	Saturated Fat	0.55g	Iron	0.36mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

