



Soupergirl

882610 - Portuguese White Bean Soup

Plant-based, vegan, kosher and gluten free. High in both fiber and protein. Made with our homemade vegetable broth, white beans, potatoes and fresh greens.



Nutrition Facts

Servings per Container 2
Serving size 8.00Z (8oz)

Amount per serving
Calories 170

% Daily Value*

Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	330mg	14%
Total Carbohydrate	32g	12%
Dietary Fiber	8g	29%
Total Sugars	3g	
Includes Added Sugar	0g	0%
Protein	10g	
Vitamin D	0mcg	0%
Calcium	129mg	10%
Iron	4mg	22%
Potassium	942mg	20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our soups are made in-house with our own dedicated staff in our own dedicated kitchen. We use the freshest produce our local farming partners can provide. It's because of this our items change with the seasons. Everything is cooked according to what Mother Earth is currently providing. All of our soups are kosher, vegan and gluten free. Sometimes a soup can be more than food. It can be so darn delicious and comforting it becomes your friend. Portuguese White Bean is that soup. The kind of soup that makes the sun shine on a cloudy day. Grab a spoon - your day is about to get much better.

Ingredients

Homemade Vegetable Broth (water, carrot, celery, onion, parsley, thyme, bay leaf), White Beans, Potatoes, Carrots, Onions, Diced Tomato (Diced Tomatoes, Tomato Juice, Sea Salt, Calcium Chloride and Citric Acid), Celery, Fennel, Kale, Lemon Juice, Garlic, Extra Virgin Olive Oil, Kosher Salt, Thyme

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated.

Serving Suggestions

Serving is 8 oz/1 cup. There are two in each tub of soup. Heat and serve.

Prep & Cooking Suggestions

Empty contents from plastic tub and heat on stovetop in fire-safe pot or microwave in microwave-safe container.

Product Specifications

Brand	Manufacturer	Product Category
Soupergirl	Saras Soup Inc DbA Soupergirl	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850011788264	88261	882610	10850011788261		12/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.26lb	12.01lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14in	9.38in	6.13in	0.47ft3	12x7	46days	35°F / 37°F



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Nutrition Analysis - By Measure

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Protein	10	Trans Fats		Calcium	129mg
Total Carbohydrates...	32g	Saturated Fat	0g	Iron	4mg
Sugars	3g	Added Sugars	0g	Potassium	942mg
Dietary Fiber	8g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

