

Jarlsberg

900912 - Jarlsberg Lite Slices



Jarlsberg Lite is available in slices. Jarlsberg Lite has the same mild, nutty flavor as regular Jarlsberg with 50% less fat and 30% fewer calories, than regular Swiss cheese.



* Benefits

Jarlsberg Lite is available in slices. Jarlsberg Lite has the same mild, nutty flavor as regular Jarlsberg with 50% less fat and 30% fewer calories, than regular Swiss cheese. This low-fat variety of Jarlsberg original has the characteristic large round holes, with a lower fat content perfect for those days when you crave the sweet, nutty delights of Jarlsberg.

Ingredients	▲ Allergens
Pasteurized Part-Skim Milk, Culture, Salt, Microbial Rennet, *Vitamin A Palmitate, *Not found in regular Swiss Cheese Allergens: Milk	Contains: in milk Free From: crustaceans eggs fish peanuts soy tree nuts wheat

Nutrition Facts

Servings per Container 1.0PC (1H87) Serving size

Amount per serving Calories

50

Calonies	JU	
% Dai	ly Value*	
Total Fat 2.5g	3%	
Saturated Fat 1.5g	8%	
Trans Fat		
Cholesterol 10mg	3%	
Sodium 70mg	3%	
Total Carbohydrate 1g	0%	
Dietary Fiber 1g	4%	
Total Sugars 0g		
Includes 0g Added Sugar	0%	
Protein 7g	_	
Vitamin D. Omag	00%	
Vitamin D 0mcg	0%	
Calcium 200mg	15%	
Iron 0mg	0%	
Potassium 16mg	0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Refrigerate

Serving Suggestions

You can add flair to your sandwiches, wraps and recipes without the calories.

Prep & Cooking Suggestions

Remove from package and it is ready to serve on your sandwich, dish or as a snack.

Product Specifications

Brand	Manufacturer	Product Category
Jarlsberg	Norseland Incorporated	Cheese Processed

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
075501962935	96293	900912	10075501962932		12/10 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	7.5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.38in	9.75in	3.25in	0.32ft3	10x12	117days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	50	Total Fat	2.5g	Sodium	70mg
Protein	7	Trans Fats		Calcium	200mg
Total Carbohydrates…	1g	Saturated Fat	1.5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	16mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images		

