



Gourmino

901162 - Rockflower Swiss Wheel

Mountain dairy Kleinstein is located in the Entlebuch, at the edge of the UNESCO Biosphere, far above the village of Werthenstein. Rockflower has a fresh cream, mild spicy aroma flavor and it's texture is smooth and creamy.



* Benefits

A cheese inspired by nature and the legendary traditions of Central Switzerland. "Fluehbleml / Swiss Rockflower" (Primula auricula) are yellow alpine flowers that grow and find their way under humble conditions among craggy limestone rocks. Mainly found along the Swiss Pre-Alp region also on the slopes of Mountain Dairy Kleinsteins home mountain Pilatus massif - they have delighted many hikers hearts. They are signs of the times and recall the legend of the "Wildmänner" who once lived here in caves. Some of them tended to chamois which are the alpine cousin of many goat species. Back then, the chamois fed on these alpine flowers and from their milk they made cheese. When the weather allowed it, the Wildmänner went down to the valley to help the farmers with their work. In return, they were rewarded with food and cows milk. Thus, they were also able to process this cow's milk they into cheese.

Ingredients

Cow's milk, lactic starter, salt, rennet

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 227
Serving size 1oz (28g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat	
Cholesterol 25mg	8%
Sodium 210mg	9%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 200mg	15%
Iron 0mg	0%
Potassium 20mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Refrigerate

Serving Suggestions

Serve on cheese board

Prep & Cooking Suggestions

Ready to Eat

✎ Product Specifications

Brand		Manufacturer		Product Category		
Gourmino		Estancia Holdings				
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
	FLUE10	901162	97649992135596		1/14 LB	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
15lb		14lb	Switzerland	No		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14in	14in	6in	0.68ft3	6x7	78days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	9g	Sodium	210mg
Protein	8	Trans Fats		Calcium	200mg
Total Carbohydrates...	0g	Saturated Fat	6g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	20mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

