



Innovasian

# 901310 - Vegetable Lo Mein

Packets of lo Mein noodles, vegetable blend and lo Mein sauce. Cabbage, Celery, Onion, Carrots with a delicious sauce of soy sauce, sesame oil, tumeric, onion powder and other natural flavors and spices.



### \* Benefits

Packets of lo mein noodles, vegetable blend and lo mein sauce.

## Nutrition Facts

Servings per Container 43  
Serving size 1.0CP (1GS21)

Amount per serving  
**Calories 310**

	% Daily Value*
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 870mg	<b>38%</b>
<b>Total Carbohydrate</b> 39g	<b>14%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 13g	
Includes 11g Added Sugar	<b>22%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	<b>0%</b>
Calcium 54mg	<b>4%</b>
Iron 2mg	<b>11%</b>
Potassium 138mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

NOODLE: ENRICHED WHEAT FLOUR: (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGHLY REFINED SOYBEAN OIL, SALT, POTASSIUM CARBONATE, SODIUM CARBONATE, ANNATTO EXTRACT (COLOR), TURMERIC (COLOR). VEGETABLES: CABBAGE, CELERY, ONION, CARROTS. SAUCE: SOYBEAN OIL, SUGAR, OYSTER SAUCE (WATER, SUGAR, SALT, OYSTER EXTRACTIVES [OYSTER, WATER, SALT], MODIFIED CORN STARCH, CARAMEL COLOR), SOY SAUCE (WATER, SOYBEANS, WHEAT, SALT), WATER, SESAME OIL, CHICKEN BASE (CHICKEN MEAT WITH NATURAL JUICES, SALT, CANE SUGAR, MALTODEXTRIN, YEAST EXTRACT, CHICKEN FAT, ONION POWDER, TURMERIC, NATURAL FLAVOR, SPICE EXTRACTIVES), CITRIC ACID, XANTHAN GUM, CARAMEL COLOR, SPICE. CONTAINS: MILK, SESAME, SHELLFISH (OYSTERS), SOY, WHEAT.

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

refrigerate after opening

### Serving Suggestions

Heat and Serve

### Prep & Cooking Suggestions

Heat to 165 degrees

### Product Specifications

Brand	Manufacturer	Product Category
Innovasian	Innovasian Cuisine	Prepared Entrees

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	60419	901310	10695119604194		4/4 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17.3lb	16lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.13in	10.38in	6.88in	0.67ft3	10x10	312days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	310	Total Fat	16g	Sodium	870mg
Protein	6	Trans Fats		Calcium	54mg
Total Carbohydrates...	39g	Saturated Fat	2.5g	Iron	2mg
Sugars	13g	Added Sugars	11g	Potassium	138mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

