

Solestado

903010 - Antipasto Mushroom Salad



75

90

12%

4%

0%

4%

1%

4%

0%

0%

0%

0%

0%

40.0g (40g)

% Daily Value*

Nutrition Facts

Servings per Container

Serving size

Total Fat 10g

Amount per serving **Calories**

Saturated Fat 1g

Total Carbohydrate 2g

Includes 0g Added Sugar

Total Sugars 1g

Trans Fat 0g Cholesterol 0mg

Sodium 85mg

Dietary Fiber 1g

Vitamin D 0mcg

Potassium 0mg

Calcium 0mg

Iron 0mg

Protein 0g

A delightful and flavorful mix of marinated mushrooms, sundried tomatoes and olives. This antipasto salad is perfect served on its own for a snack or tossed with grains, rice or pasta for a Mediterranean meal in minutes



* Benefits

A delightful and flavorful mix of marinated mushrooms, sundried tomatoes and olives. This antipasto salad is perfect served on its own for a snack or tossed with grains, rice or pasta for a Mediterranean meal in minutes. Short on time but in need of a popular lunch or dinner for the family? This is a perfect mix to serve over rice or pasta. You can easily add grilled chicken, shrimp or tofu to satisfy anyone's preference.

Toss with chickpea or whole wheat pasta and top with freshly shave ParmiglanoReggiano. Serve warm or room temp. Toss with grilled chicken and cubed Provolone or Cheddarf for a proteinpacked, carb-free salad. Rough-chop and serve over a breaded chicken and the melted fresh mozzarella

Ingredients

mushrooms, sunflower oil, pitted Kalamata olives, sundried tomatoes, capers, dried onion, garlic flakes, spices, sea salt, white vinegar, citric acid, acetic acid, lactic acid, ascorbic acid.

A Allergens

Free From:











* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Refrigerated UNIT UPC: 687250903017

Serving Suggestions

Rough-chop and serve over a breaded chicken cutlet with melted fresh mozzarella

Prep & Cooking Suggestions

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Product Specifications

Brand	Manufacturer
Solestado	Foodmatch

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
687250903017	90301 DISC	903010	10687250903014		2/6.5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.6lb	13lb	Greece	No	

Shipping Information						
Length Width Height Volume TlxHl Shelf Life Storage Temp From/					Storage Temp From/To	
12.4in	9.4in	4.7in	0.32ft3	15x10	79days	60°F / 77°F





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Nutrition Analysis - By Measure

Calories	90	Total Fat	10g	Sodium	85mg
Protein	0	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	2g	Saturated Fat	1g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

Additional Images		

