



Trois Petits Cochons

904338 - Spinach & Feta Sous Vide Egg Bite G

Sous-Vide Egg Bite Spinach & Feta great for breakfast or snack on the go, Fully Cooked, Cage-free eggs, High Protein, All Natural, Gluten-Free, Low Carbohydrates, No Sugar



Nutrition Facts

Servings per Container	1
Serving size	70.0g (70g)
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 3g	15%
Trans Fat	
Cholesterol 230mg	77%
Sodium 440mg	19%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 65mg	5%
Iron 1mg	6%
Potassium 21mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Three Little Pigs are spearheading the prepared breakfast category with our high-protein Egg Bites, a modern twist on the classic French quiche. The sous-vide method of cooking allows for a refined texture and uniquely retained flavor and taste. Cage-free eggs prepared in the classic sous-vide style, with leafy green spinach and sharp, tangy Feta. Light, airy, and bursting with flavor a foodie favorite!

Ingredients

Eggs, Feta Cheese (Cultured Pasteurized Milk), Salt, Enzymes, Spinach, Sea Salt, Braised Onions (Onions, Sunflower Oil), Herbes de Provence (Spices), Xanthan Gum, Garlic, Spices.

⚠ Allergens

Contains:

🥚 eggs 🥛 milk

Free From:

🦀 crustaceans 🐟 fish 🥜 peanuts 🍫 soy
🌳 tree nuts 🌾 wheat

Handling Suggestions

Keep Refrigerated at 38F or below

Serving Suggestions

Our egg bites are fully cooked. Microwave: Open plastic packaging slightly to vent. With egg bite in packaging, microwave on high for 40-60 seconds, until heated through.
Toaster Oven: Preheat toaster oven to 350 F. Remove egg bite from plastic and place in toaster oven for 5 to 10 minutes or until heated through.
Skillet: Remove egg bite from plastic. Place on skillet at medium to high heat until golden brown on all sides. For a quick snack they can be enjoyed at room temperature.

Prep & Cooking Suggestions

Microwave: Open plastic packaging slightly to vent. With egg bite in packaging, microwave on high for 40-60 seconds, until heated through.
Toaster Oven: Preheat toaster oven to 350 F. Remove egg bite from plastic and place in toaster oven for 5 to 10 minutes or until heated through.

📄 Product Specifications

Brand	Manufacturer	Product Category
Trois Petits Cochons	3 Little Pigs LLC	Egg Entree

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
045885904333	ES2	904338	50045885904338		12/2.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
2.1lb	1.88lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8in	6in	4.5in	0.12ft3	34x10	55days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	8g	Sodium	440mg
Protein	9	Trans Fats		Calcium	65mg
Total Carbohydrates...	1g	Saturated Fat	3g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	21mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	230mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

