



Trois Petits Cochons

904345 - Ham, Cheddar & Pepper Sous Vide Egg

Sous-Vide Egg Bite Ham & Espelette Pepper Great for Breakfast or Snack on the go, Fully Cooked, Cage-free eggs, High Protein, All Natural, Gluten-Free, Low Carbohydrates, No Sugar



Nutrition Facts

Servings per Container	1
Serving size	70.0g (70g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 205mg	68%
Sodium 270mg	12%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 99mg	8%
Iron 1mg	6%
Potassium 50mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Three Little Pigs are spearheading the prepared breakfast category with our high-protein Egg Bites, a modern twist on the classic French quiche. The sous-vide method of cooking allows for a refined texture and uniquely retained flavor and taste. Aged Cheddar, finely diced ham, cage-free eggs and a healthy pinch of chili pepper, cooked to perfection. Better for you, and tasty too!

Ingredients

Eggs, Uncured Ham (Ham, Water, Sea Salt, Dextrose, Celery Powder, Spices, Cherry Powder, Evaporated Cane Sugar), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Cream, Red Peppers, Green Peppers, Onions, Sea Salt, Xanthan Gum, Garlic, Spices, Espelette Pepper.

Allergens

Contains:

eggs milk

Free From:

crustaceans fish peanuts sesame soy tree nuts wheat

Handling Suggestions

Keep Refrigerated at 38F or below
UNIT UPC: 045885904340

Serving Suggestions

Enjoy at room temperature for a quick snack or heat in a microwave or toaster oven.

Microwave: slightly open the BPA-free plastic packaging to vent. Microwave on high for 40-60 seconds, until heated through.

Toaster-oven: preheat toaster-oven to 350F. Remove Egg Bite from all packaging and place in toaster-oven for 5 to 10 minutes, until heated through.

Prep & Cooking Suggestions

Enjoy at room temperature for a quick snack or heat in a microwave or toaster oven.

Microwave: slightly open the BPA-free plastic packaging to vent. Microwave on high for 40-60 seconds, until heated through.

Toaster-oven: preheat toaster-oven to 350F. Remove Egg Bite from all packaging and place in toaster-oven for 5 to 10 minutes, until heated through.

Product Specifications

Brand	Manufacturer
Trois Petits Cochons	3 Little Pigs LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
045885904340	EH2	904345	50045885904345		12/2.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
2.1lb	2lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8in	6in	4.5in	0.12ft3	39x10	55days	35°F / 37°F

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Nutrition Analysis - By Measure

Calories	130	Total Fat	10g	Sodium	270mg
Protein	10	Trans Fats	0g	Calcium	99mg
Total Carbohydrates...	1g	Saturated Fat	5g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	50mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	205mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	



 Additional Images

