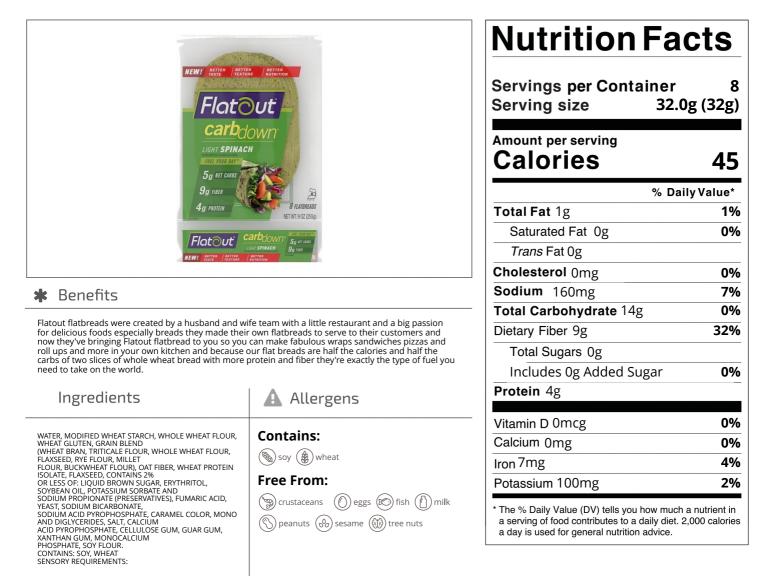


### Flatout 92298 - Light Spinach Flatbread

And because our flat breads are half the calories and half the carbs of two slices of whole wheat bread with more protein and fiber, they're exactly the type of fuel you need to take on the world





#### Handling Suggestions

room Temp. UNIT UPC: 688339922981

Serving Suggestions

Fill with your favorite filling

## Prep & Cooking Suggestions

Fill with your favorite filling

# Product Specifications

Brand					Manufacturer						
Flatout					Flatout Inc						
UPC		MFG #	# SPC #		GTIN			Pa	ck	Pack Desc.	
688339922981		92298	92	2298	1068	10688339922988				12/9 OZ	
Gross Weight		Net Weight Co		Cou	untry of Origin		Kosher (		Ch	Child Nutrition	
8lb		6.75lb		United Sta		ates No		١o			
Shipping Information											
Length	Width	Height	Volu	me	TIxHI	Shelf L	elf Life St		Storage Temp From/To		
16in	12in	5.19in	0.58	ft3	10x12	90day	90days		-5°F/-2°F		





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Nutrition Analysis - By Measure

Calories	45	Total Fat	1g	Sodium	160mg
Protein	4	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	14g	Saturated Fat	Og	Iron	7mg
Sugars	Og	Added Sugars	Og	Potassium	100mg
Dietary Fiber	9g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

### Additional Images



