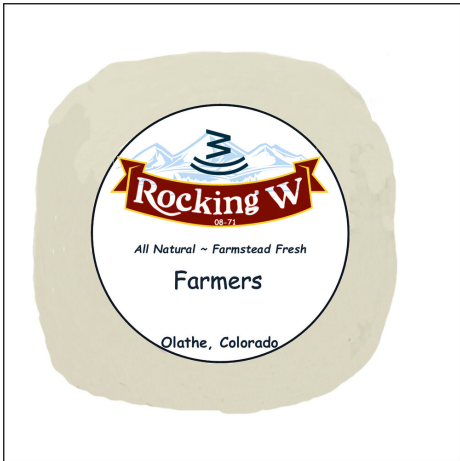




Rocking W
97981 - Farmers Cheese

This is a simple old fashioned soft cheese which consists of milk and then cured in a salt brine. The farmers cheese is made by pressing most of the moisture from cut curds and then forming it into a roll. It has a mild creamy and slightly tangy taste.



Nutrition Facts

Servings per Container	8
Serving size	1.00Z (1oz)
Amount per serving	
Calories	103
% Daily Value*	
Total Fat 8g	13%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 176mg	7%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 7g	
Vitamin D 1mcg	1%
Calcium 27mg	20%
Iron 1mg	1%
Potassium 20mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

This is a simple old fashioned soft cheese which consists of milk and then cured in a salt brine. The farmers cheese is made by pressing most of the moisture from cut curds and then forming it into a roll. It has a mild creamy and slightly tangy taste.

Ingredients

Pasteurized Whole Milk, Rennet, Salt

Allergens

Contains:



Free From:



Handling Suggestions

After the package has been opened, keep in the original wrapper, place it in a zip lock back and keep all of the air out of it. UNIT UPC: 897975002012

Serving Suggestions

Farmer's can be used as a snack, charcuterie boards, dip in bread crumbs or batter and fry or salads.

Prep & Cooking Suggestions

Open package and enjoy!

Product Specifications

Brand			Manufacturer			
Rocking W			Rocking W Cheese			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
897975002012	245	97981	10897975002019		8/8 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
4.5lb	5lb	United States	No			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
9.5in	5in	5in	0.14ft3	36x6	180days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	103	Total Fat	8g	Sodium	176mg
Protein	7	Trans Fats	0g	Calcium	27mg
Total Carbohydrates...	0g	Saturated Fat	5g	Iron	1mg
Sugars	1g	Added Sugars	0g	Potassium	20mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

