



Nata Pura

# 983311 - White Pastel De Nata Salted Caramel

Pastel de Nata, a tasty and iconic Portuguese pastry. Made with natural, familiar, simple ingredients that are easy to recognize, with no artificial ingredients or synthetic chemicals.



## \* Benefits

Invented by monks more than 300 years ago, the pastel de natal is the Portuguese pastry icon. All our nata brands combines tradition and innovation, respecting the original recipe and beginnings. Our nata is the most international awarded in the world.

### Ingredients

Custard (64%): MILK (35%), sugar, EGG yolk (9%), WHEAT Flour (GLUTEN) and corn starch. Dough (36%): WHEAT flour (GLUTEN), margarine [(vegetable oil (sunflower) and vegetable fats (palm, coconut), water, emulsifiers (mono and diglycerides of fatty acids E471, sunflower lecithin E322), acidity regulator (citric acid E330), colour (carotenes E160a1)], water and salt. Salted Caramel Filling (14%): Condensed MILK (MILK, sugar), water, sugar, caramel (10% - sugar, water), butter with salt (pasteurized cream (MILK), Salt (0.1%), Lactic ferments (MILK)), modified maize starch E1442, food colorants (concentrate: apple, carrot, hibiscus, safflower, lemon, radish, blackcurrant), salt (0.45%), natural flavour, gelling agent (gellan gum), acidity regulators (lactic acid E270, sodium citrate E331).  
CONTAIN: MILK, EGG and GLUTEN.  
MAY CONTAIN: SOY and NUTS.

### ⚠ Allergens

#### Contains:

🥚 eggs 🥛 milk 🌾 wheat

#### Free From:

🦀 crustaceans 🐟 fish 🥜 peanuts 🧀 soy  
🌳 tree nuts

## Nutrition Facts

Servings per Container **4**  
Serving size **1.0PC (1H87)**

Amount per serving  
**Calories 199**

% Daily Value\*

|                               |            |
|-------------------------------|------------|
| <b>Total Fat</b> 9g           | <b>11%</b> |
| Saturated Fat 4.6g            | <b>23%</b> |
| Trans Fat                     |            |
| <b>Cholesterol</b> 54mg       | <b>18%</b> |
| <b>Sodium</b> 167mg           | <b>7%</b>  |
| <b>Total Carbohydrate</b> 28g | <b>10%</b> |
| Dietary Fiber 0g              | <b>0%</b>  |
| Total Sugars 13g              |            |
| Includes 9g Added Sugar       | <b>18%</b> |
| <b>Protein</b> 3g             |            |
| Vitamin D 0mcg                | <b>0%</b>  |
| Calcium 372mg                 | <b>29%</b> |
| Iron 8mg                      | <b>44%</b> |
| Potassium 870mg               | <b>19%</b> |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Handling Suggestions

It is a pre-baked product and should be kept at a frozen temperature (at 0 F) during storage and transportation until, preparation of it begins.

## Serving Suggestions

Our nata goes well with a coffee or any other hot beverage. It is very versatile, it can be served as a pastry, a morning or afternoon snack or even as a dessert.

## Prep & Cooking Suggestions

Pre heat the oven at 450 F, use ventilation if available; Take the natas out of the freezer, without defrosting; Set the timer for 10 min (it can go up to 12 min depending on the oven). When the filling starts to rise you will know they are ready; Take the natas out of the oven. Let them cool for 5 to 10 min before serving; Consume within 48 hours.

## 📄 Product Specifications

| Brand     | Manufacturer | Product Category |
|-----------|--------------|------------------|
| Nata Pura | BY FOODS     |                  |

| UPC | MFG #     | SPC #  | GTIN           | Pack | Pack Desc. |
|-----|-----------|--------|----------------|------|------------|
|     | NW80ncMSC | 983311 | 05600241424471 |      | 80/2.1 OZ  |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 11.46lb      | 10.58lb    | Portugal          | No     |                 |

| Shipping Information |        |        |         |       |            |                      |
|----------------------|--------|--------|---------|-------|------------|----------------------|
| Length               | Width  | Height | Volume  | TlxHl | Shelf Life | Storage Temp From/To |
| 15.6in               | 11.2in | 4.6in  | 0.47ft3 | 10x15 | 310days    | -2°F / -5°F          |



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## Nutrition Analysis - By Measure

|                        |     |                     |      |               |       |
|------------------------|-----|---------------------|------|---------------|-------|
| Calories               | 199 | Total Fat           | 9g   | Sodium        | 167mg |
| Protein                | 3   | Trans Fats          |      | Calcium       | 372mg |
| Total Carbohydrates... | 28g | Saturated Fat       | 4.6g | Iron          | 8mg   |
| Sugars                 | 13g | Added Sugars        | 9g   | Potassium     | 870mg |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |      | Zinc          |       |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus    |       |
| Sucrose                |     | Cholesterol         | 54mg |               |       |
| Vitamin A(U)           |     | Vitamin D           | 0mcg | Thiamin       |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin        |       |
| Vitamin C              |     | Folate              |      | Riboflavin    |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-1 2 |       |
| Monosodium             |     | Sulphites           |      | Nitrates      |       |

## Additional Images

