



Nata Pura

# 983671 - Pastel De Nata Salted Caramel 4 Cou

Pastel de Nata, a tasty and iconic Portuguese pastry. Made with natural, familiar, simple ingredients that are easy to recognize, with no artificial ingredients or synthetic chemicals.



## Nutrition Facts

Servings per Container **4**  
Serving size **60grams (1H87)**

Amount per serving  
**Calories 199**

	% Daily Value*
<b>Total Fat</b> 9g	<b>11%</b>
Saturated Fat 4.6g	<b>22%</b>
Trans Fat 0g	
<b>Cholesterol</b> 54mg	<b>18%</b>
<b>Sodium</b> 167mg	<b>7%</b>
<b>Total Carbohydrate</b> 28g	<b>10%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 13g	
Includes 9g Added Sugar	<b>%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 372mg	<b>29%</b>
Iron 8mg	<b>47%</b>
Potassium 870mg	<b>25%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Invented by monks more than 300 years ago, the pastel de natal is the Portuguese pastry icon. All our nata brands combines tradition and innovation, respecting the original recipe and beginnings. Our nata is the most international awarded nata in the world.

### Ingredients

Custard (64%): MILK (35%), sugar, EGG yolk (9%), WHEAT Flour (GLUTEN) and corn starch. Dough (36%): WHEAT flour (GLUTEN), margarine [(vegetable oil (sunflower) and vegetable fats (palm, coconut), water, emulsifiers (mono and diglycerides of fatty acids E471, sunflower lecithin E322), acidity regulator (citric acid E330), colour (carotenes E160ai)], water and salt.  
Salted Caramel Filling (14%): Condensed MILK (MILK, sugar), water, sugar, caramel (10% - sugar, water), butter with salt (pasteurized cream (MILK), Salt (0,1%), Lactic ferments (MILK)), modified maize starch E1442, food colorants (concentrate: apple, carrot, hibiscus, safflower, lemon, radish, blackcurrant), salt (0,45%), natural flavour, gelling agent (gellan gum), acidity regulators (lactic acid E270, sodium citrate E331).  
CONTAIN: MILK, EGG and GLUTEN.  
MAY CONTAIN: SOY and NUTS.

### Allergens

#### Contains:

eggs milk wheat

#### Free From:

crustaceans fish peanuts sesame  
soy tree nuts

### Handling Suggestions

It is a pre-baked product and should be kept at a frozen temperature (at -4F) during storage and transportation until preparation of it begins. UNIT UPC: 5600241424679

### Serving Suggestions

Our nata goes well with a coffee or any other hot beverage. It can also be served as a morning or afternoon snack or even as a dessert.

### Prep & Cooking Suggestions

Pre heat the oven at 450 F, use ventilation if available; Take the natas out of the freezer, without defrosting; Set the timer for 10 min (it can go up to 12 min depending on the oven). When the filling starts to rise you will know they are ready; Take the natas out of the oven. Let them cool for 5 to 10 min before serving; Consume within 48 hours.

### Product Specifications

Brand	Manufacturer
Nata Pura	BY FOODS

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
5600241424679	RPecMSC240	983671	15600241424232		14/240 GR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.6lb	7.4lb	Portugal	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.4in	6.4in	9.5in	0.44ft3	21x7	310days	-5°F / -2°F



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## Nutrition Analysis - By Measure

Calories	199	Total Fat	9g	Sodium	167mg
Protein	3	Trans Fats	0g	Calcium	372mg
Total Carbohydrates...	28g	Saturated Fat	4.6g	Iron	8mg
Sugars	13g	Added Sugars	9g	Potassium	870mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	54mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

