



Nata Pura

983751 - White Mixed Berries Pastel De Nata

Pastel de Nata, a tasty and iconic Portuguese pastry. Made with natural, familiar, simple ingredients that are easy to recognize, with no artificial ingredients or synthetic chemicals.



* Benefits

Invented by monks more than 300 years ago, the pastel de natal is the Portuguese pastry icon. All our nata brands combines tradition and innovation, respecting the original recipe and beginnings. Our nata is the most international awarded in the world.

Ingredients

Custard (50%): MILK (35%), sugar, EGG yolk (9%), WHEAT flour (GLUTEN) and corn starch. Dough (36%): WHEAT flour (GLUTEN), margarine [(vegetable oils (sunflower) and vegetable fats (palm, coconut), water, emulsifier (mono and diglycerides of fatty acids E471, sunflower lecithin E322), acidity regulator (citric acid E330), colour (carotenes E160ai)], water and salt. Mixed Berries (14%): Redcurrant and blackcurrant.

CONTAIN: MILK, EGG and GLUTEN. MAY CONTAIN: SOY and NUTS.

⚠ Allergens

Contains:

eggs milk wheat

Free From:

crustaceans fish peanuts soy
 tree nuts

Nutrition Facts

Servings per Container **4**
Serving size **1.0PC (1H87)**

Amount per serving
Calories 187

% Daily Value*

Total Fat 10g **13%**
Saturated Fat 5.5g **28%**
Trans Fat

Cholesterol 62mg **21%**

Sodium 122mg **5%**

Total Carbohydrate 21g **8%**

Dietary Fiber 1g **4%**

Total Sugars 9g
Includes 8g Added Sugar **16%**

Protein 3g

Vitamin D 0mcg **0%**

Calcium 372mg **29%**

Iron 6.4mg **36%**

Potassium 768mg **16%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

It is a pre-baked product and should be kept at a frozen temperature (at 0 F) during storage and transportation until, preparation of it begins.

Serving Suggestions

Our nata goes well with a coffee or any other hot beverage. It is very versatile, it can be served as a pastry, a morning or afternoon snack or even as a dessert.

Prep & Cooking Suggestions

Pre heat the oven at 450 F, use ventilation if available; Take the natas out of the freezer, without defrosting; Set the timer for 10 min (it can go up to 12 min depending on the oven). When the filling starts to rise you will know they are ready; Take the natas out of the oven. Let them cool for 5 to 10 min before serving; Consume within 48 hours.

Product Specifications

Brand	Manufacturer	Product Category
Nata Pura	BY FOODS	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	NW80ncMM	983751	05600241424488		80/2.1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.46lb	10.58lb	Portugal	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.6in	11.2in	4.6in	0.47ft3	10x15	310days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	187	Total Fat	10g	Sodium	122mg
Protein	3	Trans Fats		Calcium	372mg
Total Carbohydrates...	21g	Saturated Fat	5.5g	Iron	6.4mg
Sugars	9g	Added Sugars	8g	Potassium	768mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	62mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

