

Nata Pura 983751 - White Mixed Berries Pastel De Nata

Pastel de Nata, a tasty and iconic Portuguese pastry. Made with natural, familiar, simple ingredients that are easy to recognize, with no artificial ingredients or synthetic chemicals.



		Nutrition Facts		
	Servings per Container 4 Serving size 1.0PC (1H87)			
		Amount per serving Calories	187	
	3	% Da	ily Value*	
	Total Fat 10g			
		Saturated Fat 5.5g	28%	
	<i>Trans</i> Fat			
	Cholesterol 62mg	21%		
★ Benefits		Sodium 122mg	5%	
		Total Carbohydrate 21g	8%	
Invented by monks more than 300 the Portuguese pastry icon. All ou) years ago, the pastel de natal is r nata brands combines tradition	Dietary Fiber 1g	4%	
and innovation, respecting the ori	Total Sugars 9g			
Our nata is the most international	awarded in the world.	Includes 8g Added Sugar	16%	
Ingredients	Allergens	Protein 3g		
5		Vitamin D 0mcg	0%	
Custard (50%): MILK (35%), sugar, EGG yolk	Contains:	Calcium 372mg	29%	
(9%), WHEAT flour (GLUTEN) and corn starch. Dough (36%): WHEAT flour (GLUTEN),	🕜 eggs 街 milk 🏽 😫 wheat	Iron 6.4mg	36%	
margarine [(vegetable oils (sunflower)and vegetable fats (palm, coconut), water,	Free From:	Potassium 768mg	16%	
emulsifier (mono and diglycerides of fatty acids E471, sunflower lecithin E322), acidity regulator (citric acid E330), colour (carotenes E160ai)], water and salt. Mixed Berries (14%): Redcurrant and blackcurrant. CONTAIN: MILK, EGG and GLUTEN. MAY	() crustaceans () fish () peanuts () soy	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.	a nutrient in	

Handling Suggestions

CONTAIN: SOY and NUTS.

It is a pre-baked product and should be kept at a frozen temperature (at 0 F) during storage and transportation until, preparation of it begins.

Serving Suggestions

Our nata goes well with a coffee or any other hot beverage. It is very versatile, it can be served as a pastry, a morning or afternoon snack or even as a dessert.

Prep & Cooking Suggestions

Pre heat the oven at 450 F, use ventilation if available; Take the natas out of the freezer, without defrosting; Set the timer for 10 min (it can go up to 12 min depending on the oven). When the filling starts to rise you will know they are ready; Take the natas out of the oven. Let them cool for 5 to 10 min before serving; Consume within 48 hours.

Product Specifications

Brand			Manufacturer		Product Category				
Nata Pura			BY FOODS						
UPC	MFG	5 #	SPC #		GTIN		Pac	:k	Pack Desc.
	NW80r	ncMM	983751	05600	241424	488			80/2.1 OZ
Gross V	Gross Weight Net Weight Country of Origin Kosher Child N		nild Nutrition						
11.4	6lb	10.58	lb	Portug	al		No		
Shipping Information									
Length	Width	Height	Volume	TIxHI	Shelf I	Life	Stora	ge T	emp From/To
15.6in	11.2in	4.6in	0.47ft3	10x15	310da	ays	-2°F / -5°F		





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Nutrition Analysis - By Measure

Calories	187	Total Fat	10g	Sodium	122mg
Protein	3	Trans Fats		Calcium	372mg
Total Carbohydrates…	21g	Saturated Fat	5.5g	Iron	6.4mg
Sugars	9g	Added Sugars	8g	Potassium	768mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	62mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



