



Mercado Spain - Jose Andres Selection

985681 - Mussels In Escabeche Sauce

A SPANISH FAVORITE FOUND AT TAPAS BAR ACROSS THE COUNTRY. GLUTEN FREE, RICH IN PROTEINS AND IRON. A TREAT FOR PALATES. MUSSELS MARINATED IN A TRADITIONAL SPANISH PICKLED SAUCE



Nutrition Facts

Servings per Container 1
Serving size 2.4OZ

Amount per serving
Calories 111

% Daily Value*

Total Fat	5g	8%
Saturated Fat	1g	5%
Trans Fat		
Cholesterol	31mg	10%
Sodium	552mg	24%
Total Carbohydrate	3g	1%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes Added Sugar	0g	0%
Protein	13g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	3mg	17%
Potassium	101mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

MUSSELS IN ESCABECHE SAUCE

Ingredients

MUSSELS, SUNFLOWER OIL, WINE VINAGER, SPICES AND SALT

Allergens

Contains:

crustaceans

Free From:

eggs fish milk peanuts soy
 tree nuts wheat

Handling Suggestions

REFRIGERATED AFTER OPEN DURING 24 HRS

Serving Suggestions

OPEN AND ENJOY THEM WITH A GLASS OF ALBARIO OR OTHER CRISP WINE

Prep & Cooking Suggestions

READY TO EAT

Product Specifications

Brand	Manufacturer	Product Category
Mercado Spain - Jose Andres Selection	Conservas del Noroeste	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
855985004785	855985004785	985681	30855985004786		12/3.91 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5lb	2.93lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.76in	4.53in	2.75in	0.11ft3	20x14	712days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	111	Total Fat	5g	Sodium	552mg
Protein	13	Trans Fats		Calcium	0mg
Total Carbohydrates...	3g	Saturated Fat	1g	Iron	3mg
Sugars	0g	Added Sugars	0g	Potassium	101mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	31mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

