



Lars' Own

986631 - Swedish Ginger Snaps

LO Ginger Snaps

Baked in Sweden, authentic pepparkakor (spicy cookies) are all natural and richly spiced with ginger, cinnamon, and cloves.

Brand: Lars Own

Brand Heritage: Sweden



Nutrition Facts

Servings per Container 10
Serving size 6cookies (6EA)

Amount per serving
Calories 140

% Daily Value*

Total Fat	5g	6%
Saturated Fat	3.5g	18%
Trans Fat		
Cholesterol	0mg	0%
Sodium	140mg	6%
Total Carbohydrate	21g	8%
Dietary Fiber	0g	0%
Total Sugars	10g	
Includes 10g Added Sugar		20%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

One of our most popular brands Lars Own, is a line of specialty foods that are ideal for use in traditional Scandinavian recipes.
Lars Own Swedish Ginger Snaps Box
Contains gluten
ALLERGENS
Wheat
Coconut
INGREDIENTS
Wheat Flour, Sugar, Vegetable Oils (Canola Oil, Coconut Oil), Beet Sugar Syrup, Mono and Diglycerides, Sodium Bicarbonate (Leavening), Cinnamon, Rapeseed Lecithin (Emulsifier), Ginger, Salt, Cloves.

Ingredients

"Wheat Flour, Sugar, Vegetable Oils (Canola Oil, Coconut Oil), Beet Sugar Syrup, Mono and Diglycerides, Sodium Bicarbonate (Leavening), Cinnamon, Rapeseed Lecithin (Emulsifier), Ginger, Salt, Cloves."

CONTAINS COCONUT, WHEAT.
MAY ALSO CONTAIN ALMOND.

⚠ Allergens

Contains:

soy tree nuts wheat

Free From:

crustaceans eggs fish milk
 peanuts

Handling Suggestions

Seal packaging after use. Store at room temperature.

Serving Suggestions

The perfect companion with a cup of strong coffee or a glass of cold milk. Great as an ice cream sandwich or crush the cookies to make a crust for cheesecake, pumpkin- or lemon-flavored pies.

Prep & Cooking Suggestions

NA

📄 Product Specifications

Brand	Manufacturer	Product Category
Lars' Own	Chicago Importing Company	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
654523352032	35203	986631	10654523352039		12/10.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.2lb	7.88lb	Sweden	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.7in	6.2in	10.4in	0.59ft3	18x4	257days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	140	Total Fat	5g	Sodium	140mg
Protein	2	Trans Fats		Calcium	0mg
Total Carbohydrates...	21g	Saturated Fat	3.5g	Iron	0mg
Sugars	10g	Added Sugars	10g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

