



Aagrah
996891 - Hydrabadi Tarka Cooking Sauce

The Aagrah Hydrabadi cooking sauce is milder than a Balti with an aromatic creamy sauce yet still full of flavour, the whole family will love this. Best cooked with chicken but also delicious with meat/vegetables, a Hydrabadi is great served with Pilau Rice or Garlic Nan.



Nutrition Facts

Servings per Container	20
Serving size	3.2OZ
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 960mg	42%
Total Carbohydrate 15g	5%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1.8mg	10%
Potassium 282mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Another Aagrah Foods speciality! This recipe is an Aagrah Restaurants signature dish and has been one of our guest-favourites for over 30 years. The Aagrah Hydrabadi cooking sauce is milder than a Balti with an aromatic creamy sauce yet still full of flavour, the whole family will love this. Best cooked with chicken but also delicious with meat/vegetables, a Hydrabadi is great served with Pilau Rice or Garlic Nan.

Ingredients

Fried onion (onion, sunflower oil), chopped tomato (tomato, tomato juice), rapeseed oil, garlic, ginger, salt, chillies, turmeric, chilli powder, coriander leaf, garam masala (coriander, ginger, cinnamon, cumin, black pepper, pimento, cardamom, clove, bay leaf, cassia, nutmeg), coriander, cumin, fenugreek leaves, citric acid, cardamom, natural flavouring.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep in cool dry place and Keep refrigerated once opened and consume 3 days UNIT UPC: 5060651440018

Serving Suggestions

serving suggestion 3 - Cook with chicken, meat, fish or any vegetables to make an authentic indian curry

Prep & Cooking Suggestions

Makes around 2.2 litres of sauce. Originating from Sindh, this intensely rich, aromatic and creamy dish needs 550ml of water and 450ml of single or double cream (dairy free alternatives also work well). Wed suggest around 100g of protein per portion or 2kg for the full bottle.

Product Specifications

Brand		Manufacturer				
Aagrah		ShipleY Enterprises LTD				
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
5060651440018	HTCateringCase	996891	05026531003179		2/1.2 KG	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
5.29lb	5.25lb	United Kingdom	No			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
4.1in	6.6in	6.9in	0.11ft3	50x7	237days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	7g	Sodium	960mg
Protein	3	Trans Fats	0g	Calcium	52mg
Total Carbohydrates...	15g	Saturated Fat	0.5g	Iron	1.8mg
Sugars	3g	Added Sugars	0g	Potassium	282mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

