

Yupi

B102316 - Bonded Okra Iqf Cut



The Cut Okra are individually quick frozen and are ready to be added to your favourite meals. They are a nutritious vegetable that can be included in a well balanced meal plan.



* Benefits

IQF Cut Okra

Ingredients	▲ Allergens
okra	Free From: Construction can be eggs fish find milk Construction peanuts find so so fish find milk So peanuts find seggs fish find milk So peanuts find seggs fish find milk wheat

Nutrition Facts

Servings per Container Serving size

Amount per serving Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
<i>Trans</i> Fat	
Cholesterol	%
Sodium	%
Total Carbohydrate	%
Dietary Fiber	%
Total Sugars	
Includes Added Suga	r %
Protein	-
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

Product Specifications

Brand	Manufacturer
Yupi	Yupi Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	OKCU4047	B102316	00850059444047		1/20 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
20.94lb	20lb	China		

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14.96ir	9.65in	8.27in	0.69ft3	12x10	475days	-5°F / -2°F





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Nutrition Analysis - By Measure

Calories	Total Fat	Sodium
Protein	Trans Fats	Calcium
Total Carbohydrates···	Saturated Fat	Iron
Sugars	Added Sugars	Potassium
Dietary Fiber	Polyunsaturated Fat	Zinc
Lactose	Monounsaturated Fat	Phosphorus
Sucrose	Cholesterol	
Vitamin A(IU)•	Vitamin D	Thiamin
Vitamin A(RE)	Vitamin E	Niacin
Vitamin C	Folate	Riboflavin
Magnesium	Vitamin B-6	Vitamin B-1 2•
Monosodium	Sulphites	Nitrates

0	Additional Images						

