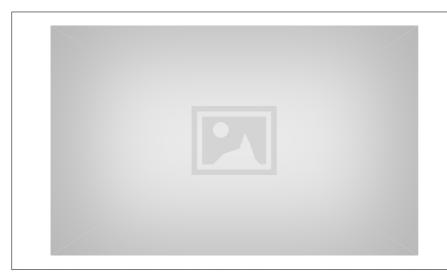


#### **Meadow Creek**

## 519114 - Appalachian Tomme



Appalachian has evolved a great deal over our years of production. Our goal with the Appalachian has always been to develop a cheese that showcased our milk; from a herd developed to fit our farm's mountainous terrain, rather than picking a benchmark cheese and struggling to match the farm to it.



#### \* Benefits

Our original recipe, the first cheese we ever made, Appalachian has evolved a great deal over our years of production. Our goal with the Appalachian has always been to develop a cheese that showcased our milk, milk from a herd developed to fit our farm's mountainous terrain, rather than picking a benchmark cheese and struggling to match the farm to it. To this end we've kept the make simple and focused on affinage, allowing the Appalachian to form a white coat of penicillium molds that compliments its unique flavor.

Ingredients	Allergens			
Cultured raw milk, salt, animal rennet	Contains:  in milk  Free From:			
	crustaceans eggs fish peanuts soy tree nuts wheat			

# **Nutrition Facts**

Servings per Container 121 30g Serving size

Amount per serving Calories	130
% Da	ily Value*
Total Fat 11g	14%
Saturated Fat 7.85g	39%
<i>Trans</i> Fat	
Cholesterol 30mg	10%
Sodium 75mg	3%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugar	%
Protein 8g	
Vitamin D. Omeg	00%
Vitamin D 0mcg	0%
Calcium 169mg	15%
Iron 0.1 mg	0%
Potassium 18mg	0%
* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2	

a day is used for general nutrition advice.

# **Handling Suggestions**

See label for suggestions

## Serving Suggestions

See label for suggestions

## Prep & Cooking Suggestions

See label for suggestions



#### Product Specifications

Brand	Manufacturer
Meadow Creek	MEADOW CREEK DAIRY

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	4	S19114			1/11 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17.5lb	16lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
6in	11in	11in	0.42ft3	12x6	60days	35°F / 37°F





#### **Meadow Creek**

## **S19114 - Appalachian Tomme**



Appalachian has evolved a great deal over our years of production. Our goal with the Appalachian has always been to develop a cheese that showcased our milk; from a herd developed to fit our farm's mountainous terrain, rather than picking a benchmark cheese and struggling to match the farm to it.

#### Nutrition Analysis - By Measure

Calories	130	Total Fat	11g	Sodium	75mg
Protein	8	Trans Fats		Calcium	169mg
Total Carbohydrates	2g	Saturated Fat	7.85g	Iron	0.1mg
Sugars	0g	Added Sugars	0g	Potassium	18mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images		

