



CHEFS CUT

10730 - Yam Cut Fcy

Sweet potatoes can be served as a side or use as an ingredient in pies, cakes, breads, casseroles and more. perfect for your holiday traditions or for a healthy option



Nutrition Facts

Servings per Container 19
Serving size 160g

Amount per serving
Calories 130

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 34g	12%
Dietary Fiber 4g	14%
Total Sugars 22g	
Includes 11g Added Sugar	22%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 16mg	1%
Iron 0mg	0%
Potassium 366mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

packed in 100% cane sugar

Ingredients

sweet potatoes, water, cane sugar

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

prior to opening, store under cool dry conditions, avoid freezing

Serving Suggestions

cakes, breads, casseroles and more

Prep & Cooking Suggestions

heat/stir, season to taste

📄 Product Specifications

Brand	Manufacturer
CHEFS CUT	Moody Dunbar, Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
2040L603060070	10730	10023709820110		cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
47lb	40.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.75in	12.5in	7.13in	1669INQ	8x7	1460DAYS	50°F / 85°F



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Nutrition Analysis - By Serving

Calories	130	Total Fat	0g	Sodium	5mg
Protein	0	Trans Fats	0g	Calcium	16mg
Total Carbohydrates...	34g	Saturated Fat	0g	Iron	0mg
Sugars	22g	Added Sugars	11g	Potassium	366mg
Dietary Fiber	4g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images



Nutrition Facts		Datos de Nutrición
Approx. 19 servings per container / Raciones por Envase		
Serving size	2 1/2 cup (160g)	INGREDIENTS: SWEET POTATOES, WATER, CANE SUGAR.
Yams o por Ración	2 1/2 taza (160g)	
Calories / Calorias 130		
*Percent Daily Values are based on a diet of other people's secrets.		
Total Fat / Grasa Total 0g	0%	GLUTEN FREE. PACKED BY MOODY DUNBAR, INC. JOHNSON CITY, TN 37604 U.S.A. www.MoodyDunbar.com
Saturated Fat / Grasa Saturada 0g	0%	
Trans Fat / Grasa Trans 0g	0%	
Cholesterol / Colesterol 0mg	0%	
Sodium / Sodio 5mg	0%	
Total Carbohydrate / Carbohidratos Total 34g	12%	
Dietary Fiber / Fibra Dietética 4g	14%	
Total Sugars / Total Azúcares 22g		
Includes 11g Added Sugars / Incluye 11g Azúcares Añadidos 22%		
Protein / Proteínas 0g		
Vitamin D / Vitamina D 0mcg	0%	
Calcium / Calcio 16mg	2%	
Iron / Hierro 0mg	0%	
Potassium / Potasio 366mg	9%	