

TRIDENT

00019436 - Salmon, Flt S/On Wild Sockeye Vp 6 Oz

WILD, OCEAN CAUGHT. CERTIFIED SUSTAINABLE. DISTINCTIVE NATURALLY RUBY RED COLOR. CONVENIENT, PORTIONED AND VACUUM PACKAGED.





Benefits

Ingredients	A Allergens
SOCKEYE SALMON. CONTAINS: FISH (SOCKEYE SALMON).	Contains:
	Free From: Specific continuous

Nutrition Facts

Servings per Container 26 1PIECE (170g) Serving size

Amount per serving Calarias

Calories	220
% [Daily Value*
Total Fat 8g	10%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 120mg	5%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 38g	_
Vitamin D 18mcg	90%
Calcium 15mg	1%
Iron 1mg	6%
Potassium 612mg	13%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

KEEP FROZEN AT OF UNTIL READY TO USE.

Serving Suggestions

SERVE AS MAIN ENTREE WITH YOUR FAVORITE SIDE DISH. ADD TO SEAFOOD CASSEROLES, WRAPS, SANDWICHES.

Prep & Cooking Suggestions

ALLOW 10 MINUTES OF COOKING TIME PER INCH OF THICKNESS, MEASURING FISH AT ITS THICKEST PART, OR UNTIL SALMON FLAKES WHEN TESTED WITH A FORK. SALMON WILL CONTINUE TO COOK SLIGHTLY ONCE REMOVED FROM THE HEAT. OVEN TEMPERATURES VARY. COOK TO AN INTERNAL TEMPERATURE OF 145F. WE STRIVE TO PRODUCE A FULLY BONELESS PRODUCT. AS WITH ALL FISH, HOWEVER, OCCASIONAL BONES MAY STILL JE DEDECENT. STILL BE PRESENT.

Product Specifications

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TRIDENT Trident Seafoods	Corp.

MFG #	SPC #	GTIN	Pack	Pack Desc.
423847	00019436	00028029238471	1	1 / 10.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.2lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15in	10in	6.25in	0.54ft3	12x7	730DAYS	-10°F / 0°F





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Nutrition Analysis - By Serving

Calories	220	Total Fat	8g	Sodium	120mg
Protein	38	Trans Fats	0g	Calcium	15mg
Total Carbohydrates•••	0g	Saturated Fat	2g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	612mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	85mg		
Vitamin A(IU)•	0	Vitamin D	18mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images









