DALLESANDR

00019999 - **Spice, Cardamom Green**

Green Cardamom has a spicy-sweet, floral, citrus flavor and aroma. It is often brewed into tea or used as a cooking and baking spice.

NICHOLAS AND COMPANY

Nutrition Facts

Servings per Container 567
Serving size 1/4tsp (0.5g)

Amount per serving
Calories 0

	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugar	**0%**
Protein 0g	
Vitamin D 0mcg	**0%**
Calcium 0mg	**0%**
Iron 0.1mg	**1%**
Potassium 10mg	**0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

Cardamom.

Allergens

Free From:

crustaceans, shellfish, mollusks, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

Store in a dry, cool place.

Serving Suggestions

Incorporate in baked goods for spicy-sweet flavor. Add to seasonings for chicken, duck, red meats, lentils, curries. Include in chai tea infusions.

Prep & Cooking Suggestions

Remove seeds from pods and grind before adding to recipes. Or, place crushed pods and seeds in cheesecloth bag for tea infusions.

Product Specifications

Brand	Manufacturer
DALLESANDR	Woodland Foods

MFG #	SPC #	GTIN	Pack	Pack Desc.
H08AK	00019999	00687080743388	1	1 / ea

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
0.83lb	0.63lb	IND	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
3.6in	2.7in	7.8in	0.04ft3	40x7	1095DAYS	50°F / 80°F

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Nutrition Analysis - By Measure

Calories	0	Total Fat	0g	Sodium	0mg
Protein	0	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	0g	Saturated Fat	0g	Iron	0.1mg
Sugars	0g	Added Sugars	0g	Potassium	10mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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