MARKON

00991012 - **Spinach, Fresh Markon Rss**

Deep green with spoon-shaped leaves, spinach has an earthy flavor with hints of bitterness. Pair with nuts, eggs, cream, and potatoes. Consistent presentation. Reduces labor, storage, and waste costs. 100% plate ready; this product does not need to be rinsed. Packed in individual controlled-atmosphere bags for easier storage and optimal shelf-life. Shipped in recyclable, wax- and staple-free cartons. Dependable yields and reliable cost per serving. Backed by Markons comprehensive 5-Star Food Safety Program.

NICHOLAS AND COMPANY

Nutrition Facts

Servings per Container	**151**
Serving size	**30g**

Amount per serving

Calories	**20.92**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 25mg	**1%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 1g	**4%**
Total Sugars 0g	
Includes 0g Added Sugar	**0%**
Protein 1g	
Vitamin D 0mcg	**0%**
Calcium 30mg	**2%**
Iron 1mg	**6%**
Potassium 170mg	**4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

Spinach

Allergens

Free From:

crustaceans, shellfish, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

Optimum storage is 34-36 F/1-2 C at high humidity with adequate circulation; refrigerate immediately; store in original packaging.

Serving Suggestions

Wilt RSS Triple-Washed Spinach and radicchio in warm bacon dressing; toss with cubes of MFC Red Delicious Apples and goat cheese; serve with steak or pork chops. Toss RSS Triple-Washed Spinach, RSS Orange Sections, baked and sliced beets, and pomegranate seeds; dress with tarragon vinaigrette.

Prep & Cooking Suggestions

This product has been thoroughly washed and is 100% table ready. There is no need to rinse this product.

Product Specifications

Brand	Manufacturer
MARKON	Markon Cooperative, Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
92670	00991012	10611628926701	4	4 / 2.5 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.59lb	10lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.75in	11.75in	12.63in	1.35ft3	10x7	16DAYS	34°F / 36°F

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Nutrition Analysis - By Serving

Calories	20.92	Total Fat	0g	Sodium	25mg
Protein	1	Trans Fats	0g	Calcium	30mg
Total Carbohydrates•••	1g	Saturated Fat	0g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	170mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

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