



MARKON

00991984 - Lettuce, Romaine Chopped Rss

Romaine grows in long, leafy heads and has dark green leaves with mildly sweet flavor. Best in salads, on burgers and sandwiches, or used as a shredded topping for tacos and burritos. Reduces labor, storage, and waste costs. Dependable yields and cost per serving. 100% plate ready; this product does not need to be rinsed. Consistent plate presentation. Packed in individual controlled-atmosphere bags for easier storage and prolonged shelf-life; shipped in recyclable, wax- and staple-free cartons. Backed by Markons comprehensive 5-Star Food Safety Program.



NICHOLAS

AND COMPANY



Nutrition Facts

Servings per Container

116

Serving size

47g

Amount per serving

Calories

41.84

% Daily Value*	
Total Fat	0g0%
Saturated Fat	0g0%
Trans Fat	0g
Cholesterol	0mg0%
Sodium	0mg0%
Total Carbohydrate	2g1%
Dietary Fiber	1g4%
Total Sugars	1g
Includes Added Sugar	0g0%
Protein	1g
Vitamin D	0mcg0%
Calcium	16mg1%
Iron	0mg0%
Potassium	115mg2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Ingredients

Romaine lettuce

⚠ Allergens

Free From:

- crustaceans
- shellfish
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Optimum storage is 34-36 F/1-2 C at high humidity with adequate circulation; refrigerate immediately; store in original packaging.

Serving Suggestions

Offer a traditional Caesar salad using chopped RSS Chopped Romaine, RSS Lemon Juice, RSS Peeled Garlic, olive oil, anchovies, and shaved Parmesan cheese. Mix pureed cantaloupe melon, RSS Lemon Juice and plain yogurt; toss with salad of RSS Chopped Romaine, sliced MFC Red Delicious Apples, and walnuts.

Prep & Cooking Suggestions

This product has been thoroughly washed and is 100% table ready. There is no need to rinse this product.

📄 Product Specifications

Brand	Manufacturer
MARKON	Markon Cooperative, Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
92645	00991984	10611628926459	6	6 / 2.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.02lb	12lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.75in	12in	11.38in	1.09ft3	12x8	16DAYS	34°F / 36°F



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Nutrition Analysis - By Serving

Calories	41.84	Total Fat	0g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	16mg
Total Carbohydrates...	2g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	115mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

