



MARKON
00992074 - Cauliflower, Florettes Rss

Cauliflower grows in a round, head shape, but has branch-like arms with flowering heads. Flavor is mild and cabbage-like. Reduced labor, storage, and waste costs. Dependable yields and reliable cost per serving. 100% plate ready; this product does not need to be rinsed. Available year-round. Shipped in recyclable, wax- and staple-free cartons. Backed by Markons comprehensive 5-Star Food SafetyAudit Program.



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Nutrition Facts

Servings per Container 27
Serving size 100g

Amount per serving
Calories 104.6

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 0mg	0%
Potassium 300mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Cauliflower

⚠ Allergens

Free From:

- crustaceans
- shellfish
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Optimum storage is 34-36 F/1-2 C at high humidity with adequate circulation; refrigerate immediately; store in original packaging.

Serving Suggestions

Mix steamed RSS Cauliflower Florets, sauted MFC Red and Yellow Bell Peppers, and MFC Basil with eggs and cream; bake until firm. Add steamed RSS Cauliflower Florets to corn and potato chowders. Stir-fry RSS Cauliflower Florets with RSS Peeled Garlic, ginger, shallots, and Thai fish sauce; serve with grilled beef and brown rice.

Prep & Cooking Suggestions

This product has been thoroughly washed and is 100% table ready. There is no need to rinse this product.

📄 Product Specifications

Brand	Manufacturer
MARKON	Markon Cooperative, Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
91670	00992074	10611628916702	2	2 / 3.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.61lb	6lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.38in	10.63in	6.88in	0.52ft3	12x12	16DAYS	34°F / 36°F



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Nutrition Analysis - By Serving

Calories	104.6	Total Fat	0g	Sodium	30mg
Protein	2	Trans Fats	0g	Calcium	22mg
Total Carbohydrates...	5g	Saturated Fat	0g	Iron	0mg
Sugars	2g	Added Sugars	0g	Potassium	300mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

