

### **MARKON**

## 00994145 - Strawberries, Fresh Mfc

Firm, plump, ruby red berries that have a distinctively sweet flavor. Strawberries pair with cream, chocolate, vanilla, mango, onions, lettuces, and avocados. Consistent berry quality, size, and pack weight. Easy-to-handle clamshell packaging protects berries. Dependable yields and reliable cost per serving. Backed by Markons comprehensive 5-Star Food Safety Program.



24



### \* Benefits

Ingredients	▲ Allergens
Strawberries	Free From:  Crustaceans shellfish eggs fish  milk peanuts sesame soy  tree nuts swheat

# **Nutrition Facts**

Servings per Container Serving size 152g

**Amount per serving** 

Calories 209 2

Calonies	209.2
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
<b>Total Carbohydrate 12g</b>	<b>4%</b>
Dietary Fiber 3g	11%
Total Sugars 7g	
Includes 0g Added Su	ıgar <b>0%</b>
Protein 1g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 230mg	5%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# **Handling Suggestions**

Optimum storage is 32 F/1 C at high humidity with adequate circulation; refrigerate immediately; store in original packaging.

### Serving Suggestions

Toss together RSS Orange Sections, sliced MFC Strawberries, opal basil, and brown sugar, serve on buffets or with sandwiches. Mix chopped MFC Strawberries, cubed Hass avocados, minced MFC Red Onions, minced jalapeno chile peppers, RSS Washed & Trimmed Cilantro, and RSS Lime Juice; serve with grilled

### Prep & Cooking Suggestions

Rinse whole fresh fruits and vegetables in clean running water prior to eating.

### **Product Specifications**

Brand	Manufacturer
MARKON	Markon Cooperative, Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
92681	00994145	10611628926817	2	4 / 2.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.78lb	8lb	USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
20in	12in	4.38in	0.61ft3	8x20	7DAYS	32°F / 32°F	





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# Nutrition Analysis - By Serving

Calories	209.2	Total Fat	0g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	24mg
Total Carbohydrates	12g	Saturated Fat	0g	Iron	1mg
Sugars	7g	Added Sugars	0g	Potassium	230mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

# Additional Images









