



PRODUCE
22088 - Collard Greens



* Benefits

Nutrition Facts

Servings per Container
Serving size (100grams)

Amount per serving
Calories 32

	% Daily Value*
Total Fat 0.61g	0%
Saturated Fat 0.06g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 17mg	1%
Total Carbohydrate 5.42g	2%
Dietary Fiber 4g	14%
Total Sugars 0.46g	
Includes Added Sugar	%
Protein 3.02g	
Vitamin D 0mcg	0%
Calcium 232mg	18%
Iron 0.47mg	3%
Potassium 213mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

⚠ Allergens

Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Handling Suggestions

Product Specifications

Brand	Manufacturer
PRODUCE	EDWARD G RAHLL & SONS INC

Serving Suggestions

MFG #	SPC #	GTIN	Pack	Pack Desc.
3777	22088			1/20#

Prep & Cooking Suggestions

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
						/



PRODUCE
22088 - Collard Greens



Nutrition Analysis

Calories	32	Total Fat	0.61g	Sodium	17mg
Protein	3.02	Trans Fats		Calcium	232mg
Total Carbohydrates...	5.42g	Saturated Fat	0.06g	Iron	0.47mg
Sugars	0.46g	Added Sugars		Potassium	213mg
Dietary Fiber	4g	Polyunsaturated Fat	0.2g	Zinc	0.21
Lactose		Monounsaturated Fat	0.03g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	251	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	35.3mg	Folate	129mg	Riboflavin	0.13mg
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

