



PRODUCE  
22255 - Parsley Bunch Curly



\* Benefits

# Nutrition Facts

Servings per Container  
Serving size (100grams)

Amount per serving  
**Calories 36**

	% Daily Value*
<b>Total Fat</b> 0.79g	<b>1%</b>
Saturated Fat 0.13g	<b>1%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 56mg	<b>2%</b>
<b>Total Carbohydrate</b> 6.33g	<b>2%</b>
Dietary Fiber 3.3g	<b>12%</b>
Total Sugars 0.85g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 2.97g	
Vitamin D 0mcg	<b>0%</b>
Calcium 138mg	<b>11%</b>
Iron 6.2mg	<b>34%</b>
Potassium 554mg	<b>12%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

**⚠ Allergens**

**Free From:**

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Handling Suggestions

Product Specifications

Serving Suggestions

Prep & Cooking Suggestions

Brand	Manufacturer	Product Category
PRODUCE	G. CEFALU - JIT	Herbs, Fresh

MFG #	SPC #	GTIN	Pack	Pack Desc.
4116	22255			1/60CT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
						/



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### Nutrition Analysis

Calories	36	Total Fat	0.79g	Sodium	56mg
Protein	2.97	Trans Fats		Calcium	138mg
Total Carbohydrates...	6.33g	Saturated Fat	0.13g	Iron	6.2mg
Sugars	0.85g	Added Sugars		Potassium	554mg
Dietary Fiber	3.3g	Polyunsaturated Fat	0.12g	Zinc	1.07
Lactose		Monounsaturated Fat	0.3g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	421	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	133mg	Folate	152mg	Riboflavin	0.1mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

