



FRESH

30332 - Greens Micro Popcorn Shts

Corn shoots are incredibly sweet and make a great garnish for salads or other dishes where you want a sweet flavor. The flavor is so intensely sweet it has to be experienced to be understood.



* Benefits

Organically grown, high in Vitamins A, B, C, and E, calcium, chlorophyll, and magnesium.

Ingredients

⚠ Allergens

Nutrition Facts

Servings per Container
Serving size

Amount per serving
Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrate	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	%
Protein	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Refrigerate until ready to serve.

Serving Suggestions

Best eaten raw, whenever possible.

Prep & Cooking Suggestions

Add to any dish, such as a salad, soup, sandwich, burger, steak, pizza, omelet, and much more! Or simply blend it into a smoothie! The possibilities are only limited by your imagination!

📄 Product Specifications

Brand	Manufacturer
FRESH	FRESH SOURCE FARMS LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
	30332	00850031052734		1/8OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
						/



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Nutrition Analysis

Calories		Total Fat		Sodium	
Protein		Trans Fats		Calcium	
Total Carbohydrates...		Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

